

October 26

Dear Parent/Carer,

As part of our extensive Personal Development and Personal, Social, Health and Economic Education (PSHE) curriculum we seek to enhance our young people's experiences by organising specialist workshops and assemblies to complement the existing programme.

The full PSHE and Personal Development programme can be found on the school website: <https://seafordhead.org/our-education/pshe-wellbeing/>

Although we will not write home for every specific assembly or workshop, we wanted to let you know about an event coming up in October as this covers topics that may potentially be sensitive. All other topics appear on the website as part of the PSHE and Personal Development overviews.

We are delighted to be continuing our working relationship with the Breck Foundation to give as many of our learners the opportunity to take part in a workshop to support the understanding of online safety and exploitation. The organisation was founded in 2014 in response to the tragic loss of Breck Bednar, a 14-year-old boy who was groomed and murdered by someone he met online.

Using Breck's story they deliver safety presentations to educate everyone on the dangers that children and young people face online from grooming, exploitation and abuse, as well as from exposure to inappropriate or harmful content. Their main teaching for all ages shows how to spot the signs of grooming and how to report concerns.

If you have any questions about PSHE, Personal Development, Health or Student Wellbeing please visit our website for more information or contact your child's Head of Year.

Kind regards

Seaford Head School