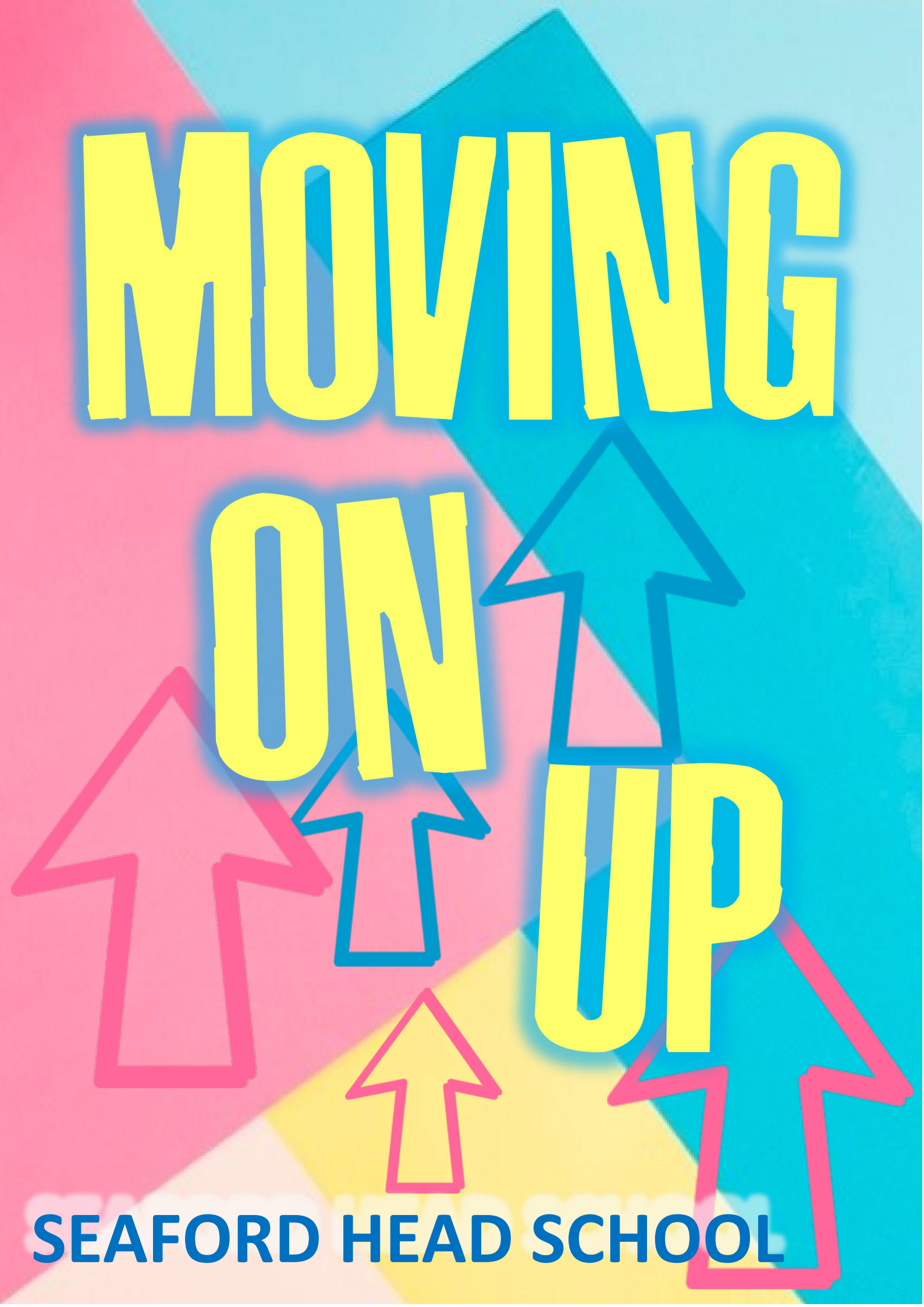




MOVING

ON

UP

SEAFORD HEAD SCHOOL

Who's Who.....?



Mr Ellis
Headteacher

I am very proud to be the Headteacher at Seaford Head School. Seaford Head School is a dynamic and exciting learning community where students work extremely hard and enjoy all aspects of school life. We expect all our Year 7 students to have big dreams and ambitions for the future and we will encourage and guide you, as you work towards turning these dreams into reality. We look forward to you studying conscientiously in lessons and taking full advantage of the wide range of opportunities that will be presented to you outside of the classroom. We have the highest expectations of every member of our school community and we will challenge you to become the very best you can be. You are at the start of a very exciting journey and we will support you every step of the way.



Mrs Kaukolahti
Assistant
Headteacher

I am the Assistant Headteacher who is responsible for the Steyne Road Site, where you will start your education at Seaford Head School. I am also known as Mrs K.

I am sure that you are excited about the next stage in your school journey, and I know that you will make the most of all the opportunities available to you. We are very proud of our school community, and I know that, through your positive attitude and hard work, you will go on to achieve your potential. We are all here to ensure that you have the best possible experience and achieve every success with us – working hard and being kind is all it takes! I have really enjoyed meeting you all, what an enthusiastic and considerate group of young people!



Mrs Mason
Head of Year

Year 7 is an important milestone, and I am delighted that you will soon be joining Seaford Head School. Starting secondary school brings many exciting opportunities, and our aim is to ensure that every student enjoys a positive and successful transition, feeling safe, valued, and ready to embrace the journey ahead.

As Head of Year 7, I am committed to helping students develop confidence, independence, and strong relationships as they begin this new stage of their education. We want every young person to feel recognised as an individual and encouraged to achieve their potential.

Our school values of Honesty, Working Hard, Respect, a Can Do Attitude, and Making Positive Contributions underpin everything we do.

These principles help create an environment where students can flourish, contribute positively to those around them, and take pride in their achievements.

I look forward to meeting you and working alongside you and your family as you begin your journey at Seaford Head School.

Starting Year 7 can feel a bit nerve-wracking, and that's completely normal, you're not the only one who feels this way! You might be wondering about new teachers, new lessons, or finding your way around, but remember that this is the start of a brilliant new adventure. Secondary school is full of exciting opportunities, new friendships, and chances to discover things you love. Everyone is in the same position as you, taking that first step together, and you will quickly find your feet. Be proud of how far you've come, be open to try new things, and know that there are always people here to help you. This is your time to grow, explore and shine! We hope you find this booklet useful and remember, we are always here to help!



We have some great facilities at Seaford Head School. We have a dance studio, where you will have the opportunity to try out some different dance routines. There is an amazing climbing wall and a large sports hall which offers so many activities, including badminton, table-tennis, basketball, volleyball, netball, five-a-side football, cricket, sports acrobatics, handball and trampolining. We have two i-rooms full of Apple Mac computers and a modern cooking room for all you future chefs as well as science rooms that would make any scientist enthusiastic to experiment!



Your School Day

At secondary school, you don't stay in one class the whole day with the same teacher; you will be moving around different rooms. But you will be with your tutor every morning and they will use this time to welcome you to the school day and take the register. There will be activities to do or an assembly to attend.

Timings of the School Day	
Tutor Time	8.40am – 9.05am
Period 1	9.05am – 10.05am
Period 2	10.05am – 11.05am
Break	11.05am – 11.25am
Period 3	11.25am – 12.25pm
Period 4	12.25pm – 1.25pm
Lunch	1.25pm – 2.00pm
Period 5	2.00pm – 3.00pm
Period 6 (After School Clubs)	3.00pm – 4.00pm

You will be given a timetable, so you know what classes you have each day, with the teachers name, subject and room clearly marked. Here is a timetable example:

Mon1	Tue1	Wed1	Thu1	Fri1	Mon2	Tue2	Wed2	Thu2	Fri2
Mon1:Reg Tutor Time ABE	Tue1:Reg Tutor Time D ABE	Wed1:Reg Tutor Time D ABE	Thu1:Reg Tutor Time D ABE	Fri1:Reg Tutor Time D ABE	Mon2:Reg Tutor Time D ABE	Tue2:Reg Tutor Time D ABE	Wed2:Reg Tutor Time D ABE	Thu2:Reg Tutor Time D CDE	Fri2:Reg Tutor Time D ABE
Mon1:P1 Digital Literacy FGB	Tue1:P1 Art CMA	Wed1:P1 Geography JBG	Thu1:P1 Science AOS	Fri1:P1 Mathematic CVM	Mon2:P1 Music DFM	Tue2:P1 Drama PLD	Wed2:P1 English EEE	Thu2:P1 Food and Nutriti AUP	Fri2:P1 English NUB
Mon1:P2 Music DFM	Tue1:P2 Religious Studie DTR	Wed1:P2 Science B AOS	Thu1:P2 Geography JBG	Fri1:P2 History BKH	Mon2:P2 Digital Literacy FGB	Tue2:P2 French DCL	Wed2:P2 Science AOS	Thu2:P2 Food and Nutriti AUP	Fri2:P2 Mathematic J RDM
Mon1:P3 Mathematic RDM	Tue1:P3 PE NWP	Wed1:P3 English SH2	Thu1:P3 French SPL	Fri1:P3 PSHE RSP	Mon2:P3 Science AOS	Tue2:P3 PE NWP	Wed2:P3 History BKH	Thu2:P3 Geography JBG	Fri2:P3 History JPH
Mon1:P4 English EEE	Tue1:P4 PE NWP	Wed1:P4 History BKH	Thu1:P4 Mathematic CVM	Fri1:P4 English EEE	Mon2:P4 Mathematic CVM	Tue2:P4 PE NWP	Wed2:P4 Geography BNG	Thu2:P4 Mathematic CVM	Fri2:P4 French SPL
Mon1:P5 French SPL	Tue1:P5 Drama SMD	Wed1:P5 Mathematic U CVM	Thu1:P5 English CDE	Fri1:P5 Science AOS	Mon2:P5 PSHE RSP	Tue2:P5 Science AOS	Wed2:P5 Art CMA	Thu2:P5 English CDE	Fri2:P5 Religious Studie C SMR

Break Time

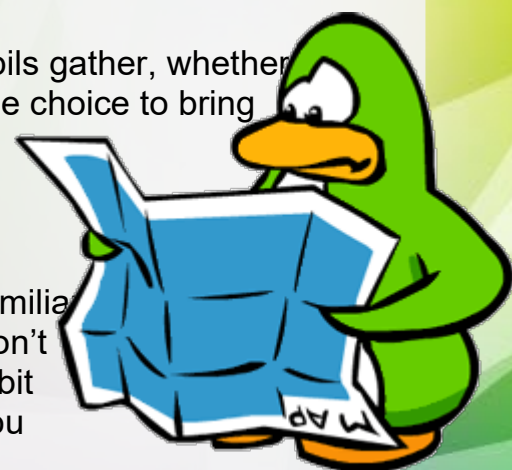
Break time at secondary school is a chance for students to relax, laugh with friends, and recharge before the next lesson. the highlight for many is the wonderful canteen, with a range of choices from warm meals to quick treats and refreshing drinks.

Lunch Time

Lunch time is a time full of laughter and conversation as pupils gather, whether sitting outside, in the LRC or in lunch club. Students have the choice to bring food from home or visit the brilliant canteen.

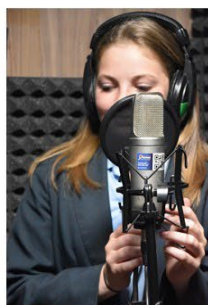
Getting Lost

New classrooms, new teachers, new routines it can all feel overwhelming at first. Everyone finds their feet at their own pace, and before long, what once felt confusing becomes familiar. There are so many people here to help guide you, so you don't need to worry about knowing who to ask for help! Getting a bit lost at the start is all part of the journey and it's often how you find your way in the end.



What subjects will I learn?

In Year 7 you will get the chance to study a wide range of exciting subjects and discover new interests. You will build your skills in core subjects like English, Maths and Science, while also exploring the creative and practical subjects such as Art, Music, Dance, Drama, Food Technology, Design Technology and Graphic Design. You'll stay active in PE, develop your computing skills in Digital Literacy, and learn about the world in Geography, Ethics and languages. Lessons take place in specialist classrooms, from science labs and computer suites to art studios, music rooms, sports facilities, and fully equipped kitchens and workshops. This means every day is different, hands-on and full of new experiences, making your move to secondary school an exciting adventure where you can try new things and discover what you enjoy most.



The Learning Resources Centre (LRC / Library)

The Learning Resource Centre is there for you at break, lunch and at the end of the school day. You will find thousands of books that cover humour, fantasy, horror, fact and fiction. It has around fifteen computers and thirty laptops, which can be used by students. This is really useful when needing to catch up with homework.

We are a “reading” school. During Years 7 and 8 you will be part of our Accelerated Reader scheme with the opportunity to gain certificates for your achievements.



“I enjoy using the LRC to complete my homework. The staff there are really helpful.”

Homework

We set regular homework. If you need help and support with homework, the LRC is open after school, allowing you to use the facilities and ask for help.



THE LANGUAGE GYM



What do I need to wear to school?



As with your current school, all students are to wear a uniform. Uniform can be purchased from Intersport in Seaford or from the second hand uniform shop <https://schooluniform.sharingskills.co.uk>

The list below tells you what you need;

Things you **MUST** have:

- Navy-blue blazer with school logo and house badge. The school will provide a free iron on badge. However, a parent/carer can choose to buy a pin badge from school if they would prefer.
- Tailored, light-blue shirt with collar and a school tie or tailored, light-blue, fitted shirt with open neck.
- Ties must be worn correctly with at least six white stripes showing. The top button of the shirt needs to be done up.
- Mid-grey, waist-fitted, tailored trousers (no chinos, jeggings, cargo trousers or jeans). Any belts should be plain black with a normal and discreet buckle and essential to the fit of the clothing. Trousers should be worn correctly. Students can choose to wear the school Kilt ((see below) instead of trousers).
- Black, navy, grey or white socks that must be worn below the knee
- Black, navy or grey tights.
- Smart, flat, formal black shoes, no boots, trainers or canvas shoes]
- School rucksack with school logo [different styles are available at Intersport]

Things you may want to have:

- Long-sleeved, navy-blue V-necked pullover with logo
- Navy-blue V-necked slipover with school logo
- School kilt bought from Intersport in Seaford. [Kilts should be uniform style and an appropriate length, no shorter than top of knee]. Students who repeatedly roll their kilts up where it does not meet our expectations regarding kilt length, will no longer be able to wear the school kilt as it is an optional item and will be expected to wear trousers instead.
- From terms 5, students may wear plain, mid grey tailored knee length shorts

PE Uniform Things you MUST have

- School polo shirt with logo/black shorts – these should be no shorter than mid-thigh/black socks (long)
- One piece swimming costume/T-shirts/rash vests may be worn over a swimming costume or with swimming shorts
- Swimming shorts (above the knee length)
- Non-marking training shoes, for use indoors and outdoors (plimsoll type shoes are not advised due to a lack of support and they are not sports footwear)
- Studded boots for football/rugby games on the field – the department does have a small supply of boots available to borrow during a lesson so please contact the relevant PE teacher to request this option and/or check if they will be undertaking football/rugby
- Long hair must be tied back and students are expected to have hair bands if needed

Things you may want to have

(These are recommended for outdoor PE lessons)

- Black jumper with school logo (no hooded tops, the Joma jumper can be brought from Intersport, also used for sports teams)
- Black Jogging bottoms (the school Joma bottoms can be brought from Intersport that match the jumper if you prefer a matching tracksuit)
- Plain black jumper (no hooded top)
- Black waterproof jacket (especially for those travelling between sites in the winter months)
- Black sports leggings with school logo **Advisable for Health and Safety Reasons**
- Shin pads (this will be required to compete in fixtures)
- Gum shields for rugby (required for fixtures)



Examples of Rewards at Seaford Head School

- Verbal praise
- Written praise
- Postcards
- Golden Tickets
- Stars of the Week
- Achievement Assemblies
- House Rewards Assemblies
- Achievement Evening



House Points

Students can receive house points which teachers record on your school record. Teachers are expected to give out positive points each lesson for areas including:

- Behaviour based on the school ethos
- 100% attendance and punctual for a week
- 100% correct uniform and equipment

Postcards

Students can receive postcards worth 2 house points for the following:

- Behaviour based on the school ethos
- Teachers are expected to give out 10 per term



Golden Ticket Rewards

Collect Golden Tickets by being:

- Polite
- Kind
- Hardworking
- Resilient
- Courteous



You could win 4 tickets to Thorpe Park!

The Key Badges

Seaford Head School key badges will be awarded for exceptional performance based on the school ethos. A “can do” attitude, hard work, positive contributions, respect for all and honest intentions. The aim is to get all five keys by the end of Year 11 which will be recognised by the Headteacher as an outstanding achievement with a special gold key.

What must I bring to school?

No electronic equipment is to be brought into Seaford Head School. If seen, these items will be confiscated and returned:

- Chewing gum
- iPods
- Solvent-based Tippex or similar products
- Pointed scissors and pen knives, replica guns or similar items
- Aerosols
- Hoodies

Mobile phones must not be seen or used at any time while on the school site. They must be switched off and kept in your bags at all times (not in pockets), ensuring a completely phone free environment. Any communication with home should be conducted via Student Services.

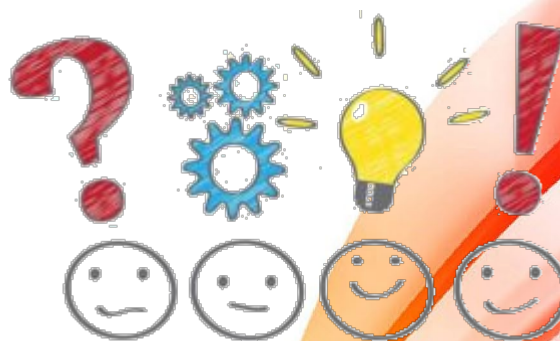
Ten Classroom Rules

1. Arrive on time in the correct, full uniform, enter the room sensibly and go straight to your seating plan place, set by the teacher
2. Take out books and the correct equipment you need for the lesson. Put your bags under your desk or in a designated area
3. Listen in silence when somebody is speaking
4. Follow instructions immediately
5. Put your hand up if you need to ask or answer a question
6. Complete all classwork and homework to the best of your ability
7. Do not eat, drink or chew gum. Water may be allowed
8. The bell is a signal for the teacher; do not pack away until told to do so
9. Do not leave the room without the teacher's permission
10. When told to leave, make sure all chairs are under desks and the room is tidy.

Questions?

When Will I get my timetable?

During the Taster Week



How do I pay for my lunch?

Seaford Head School operates a cashless catering system. Once your fingerprint is taken, you can use your finger to access one of the two machines outside the dining hall to top up your account. Whenever you buy food or drink, you will need to use your finger on the machine to pay.

SEAFORD HEAD SCHOOL IS A NUT FREE ZONE!



What do I do if I need help?

You must tell somebody. Please speak to a member of staff or Student Services.

What do I do if I feel ill?

If you feel ill, try and last until break or lunchtime. If, by then, you are still feeling ill, go to Student Services and you will be looked after.

How do I enter the school building in the morning?

You enter the school via the main gate and then either through the main hall or a main door via the playground.

Can I bring a pushbike/scooter to school?

Yes, as long as it is in road-worthy order. It is strongly advised that you wear a safety helmet and have an appropriate lock.

Extra Curricular Activities (Clubs)

Our exciting extra- curricular timetable offers a wide range of opportunities designed to engage, inspire and develop every student beyond the classroom. From hands-on outdoor learning such as animal care, where students build resilience and teamwork skills, to creative arts, sports and enrichment clubs, there is something for everyone to enjoy. These sessions provide a valuable chance for students to explore new interests, develop confidence, and strengthen and make new friendships in a supportive and dynamic environment. By taking part, students can broaden their experiences, discover new talents and feel more connected to the school community. Below is an example day on the timetable. Activities change every term. All clubs are free of charge and you do not have to book. Just come along and have fun!

Some of our current clubs are:

- Computing
- Homework
- Maths
- Tennis
- Art
- Samba Band
- Climate Leaders
- Christian Union
- Cricket
- Design Technology
- School band and Choir
- Student Allies
- Year 7 Band
- STEM
- Girls Coding
- Warhammer
- Languages
- Crochet
- Book Club
- Cooking
- DJ Club
- Drama
- Debate
- Gardening

The Drama and Music Departments run excellent after school clubs.

The Drama Department offers clubs focusing on performance and technical aspects of theatre. There are drama performances throughout the year.

The Music Department offers lesson on instruments and voice, as well as clubs and ensembles, such as choir, school band and samba band. There is a concert every term. The Art Department runs Art Club every week, usually at lunchtime, where you can eat your lunch, finish your classwork or simply get creative and doodle away!

There are also many other clubs which run at various times. Check in at Student Services or our website to see what's available. Also, why not apply to be a tutor representative or join the

Top Tips from current Year 7's:

- There are a lot of corridors at first, but it isn't that bad! It's actually, kind of cool!
- I thought I'd hate the uniform but I like it now, it's like we are all on the same team!
- Join clubs – I've made loads of new friends this way!
- Do homework straight away, it's only stressful if you leave it!
- Don't worry about getting lost. Lots of people will be here to help you and it's normal!
- Come to breakfast club, I like to meet friends and have my toast before the day starts!
- Try your best, the teachers are really helpful here!
- Don't try and make friends by being someone you're not – be you!
- Make a good first impression and spend time with the people you like, not the people you think you should.
- Don't be someone other people like, be someone you like!
- School food is good!
- The school is not as big as you think!
- You don't get as lost as you think you will – don't be scared to ask people where to go!



Seaford Head School Wordsearch

V	Y	T	I	I	G	V	G	I	L	A	C	R	R	A	Y	T	X
W	Q	Z	L	G	B	E	D	S	L	O	O	H	C	S	R	Y	U
B	F	K	P	G	S	D	C	X	S	B	P	W	I	E	O	T	V
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V	J	D	M	T	R	O	P	S	J	E	L	N	U	A	Q	F	H

Find the words:

SEAFORD HEAD SCHOOL, SCHOOL, TEACHER, STUDENT,
LESSON, HOMEWORK, SCIENCE, MATHS, ENGLISH,
HISTORY, ART, SPORT.

Steyne Site (Whole Site)

