

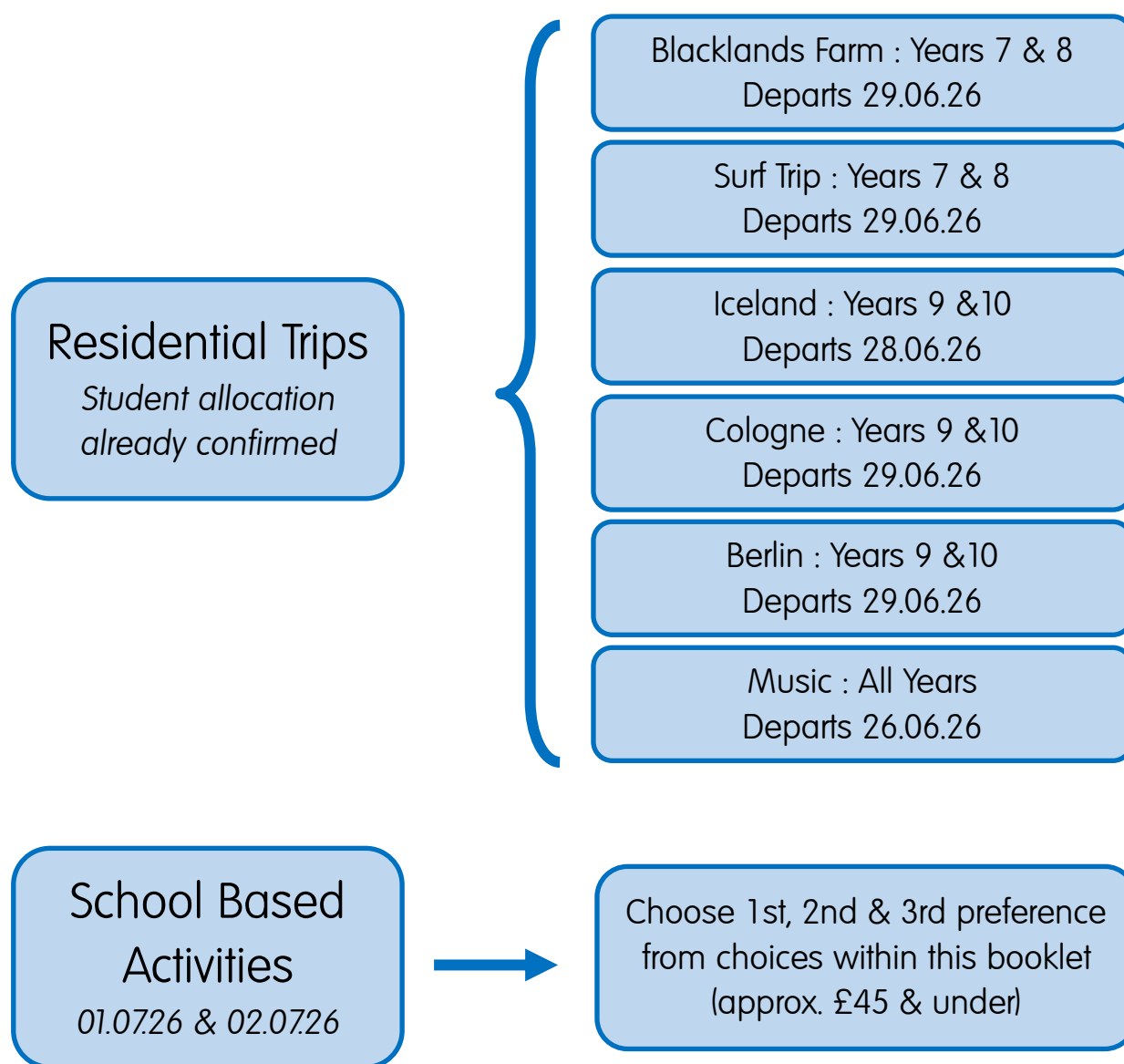
SEAFORD HEAD SCHOOL

Achieving Excellence Together



ACTIVITIES WEEK
2025/26

This booklet is to be used as a reference to help you decide which activities you would like to be involved in during Activities Week.



Residential Trips will take place across the full week

School Based Activities will take place across 2 days (Wednesday 1 July 2026 and Thursday 2 July 2026)



Sports

and

Trips

What : Tabletop Quests & Adventures

With : Mr O'Kane

Spaces : 30

How much : FREE

Engage your sense of adventure if you join this activity. You will play either Dungeons and Dragons style roleplaying games and set on a quest, or be tested in a variety of modern board games (NOT Monopoly!!!!). Be ready for fear and much laughter ... oh, and bring a pencil!

What : 6-a-Side Football Tournament

With : Mr Sutton

Spaces : 60

How much : Under £10

An offsite day of tournament football to become the 6-a-side champion of your year group! Get a group of friends together to compete in a day of competitive, fun football at the Downs Leisure Centre

What : Ultimate Sports Camp

With : Ms Martin

Spaces : 90

How much : FREE

Try out some new and innovative sports such as Street Surfing, Kin ball and Spike ball, as well as some more well-known sports such as Badminton, Table Tennis, Volleyball and Basketball. Each day will be packed with exciting challenges, teamwork and lots of fun! With a dynamic range of activities, you will build confidence, stay active and learn new skills.

What : Local Walk to Seven Sisters Country Park

With : Mrs Smith

Spaces : 60

How much : FREE

Join us for a scenic walk from Seaford Head School to the stunning Seven Sisters Country Park - breathtaking views and fresh air await! Explore nature, keep fit and discover the beauty of the South Downs.

What : Ramble & Raft

With : Ms Parisot

Spaces : 60

How much : Under £40

Join us for an exciting day of adventure, starting with a scenic 30-minute walk to the river under sunny skies. Dive into thrilling water sports like paddleboarding, kayaking and raft building. We will then break for a relaxing picnic lunch by the water, and then continue the fun before hopping on the bus for a relaxing ride home!

What : A Day at the Musicals

With : Ms Johnson / Mr Ross

Spaces : 30

How much : Over £40

Join us as we head to the home of the musicals – London's West End. We will enjoy seeing some of the most popular musicals (one each day) currently being performed and you will no doubt be left with some great tunes in your head for the rest of the week!

What : Sea, Sunshine & Fun

With : Mrs Green

Spaces : 60

How much : FREE

Join us as we roam the beach and help to clean it up. We will also then get creative with some pebble painting and hopefully find time to enjoy an ice cream!

What : Thorpe Park

With : Mrs Coburn / Mr Southern

Spaces : 120

How much : Under £40

Step into the home of feel good thrills at the UK's most thrilling theme park with over 25 rides and attractions to experience!

What : Mountain Biking, Friston

With : Mr Kelly

Spaces : 16

How much : Under £20

Hit the trails in and around Friston Forest as we push our bikes to the limit, combining exercise and thrill seeking on two wheels! If you don't have your own bike, one can be hired at additional cost if needs be.



Creative Arts and STEM

What : E-Sports Tournament

With : Mr Gant

Spaces : 60

How much : FREE

During this fascinating day, we will have a Mario Kart tournament, a Super Smash Bros tournament and (if time allows) a Fifa tournament!

What : Funky Fun Jewellery Challenge

With : Mr Hunt

Spaces : 30

How much : FREE

Join the DT Department for a fabulous day of designing and making your own jewellery.

What : Animal Antics

With : Mrs Perou

Spaces : 30

How much : FREE

Spend the day working with animals and their habitat - an outdoor day, with bugs, birds and beardies!!

What : Table-top Role Playing & Warhammer

With : Mr McLaren

Spaces : 30

How much : FREE

Unleash the power of your imagination. Have you ever wanted to explore a dark spooky dungeon or a futurist past that never was? Now is your chance, come and experience the world of table-top roleplaying.

What : The Great Seafood Menu

With : Mrs Feneron

Spaces : 60

How much : Under £10

Are you the next Gordon Ramsey or Monica Galetti? Sign up, show off your skills and enjoy creating in the kitchen!

What : Painting Cuckmere and The Seven Sisters

With : Mr Grover

Spaces : 30

How much : FREE

Spend a day drawing, photographing and painting the beautiful Cuckmere Valley.

What : Behind the Mask - Drama

With : Ms Long

Spaces : 30

How much : FREE

Come and see what happens behind the mask, on the stage, learn the tricks and secrets behind all great performances!

What : Horrible Histories!!

With : Mrs Page

Spaces : 30

How much : FREE

Come and immerse yourself in History the fun way! Horrible Histories to watch, historical games to challenge yourself with, design your own historical board game!

What : MasterChef España

With : Ms Sanz Mateo

Spaces : 30

How much : Under £20

Are you a foodie? Have you got an interest in Spanish culture? Then come join us for an enjoyable day of Spanish cooking and delicious eating.

What : Photography & Foraging by the Sea

With : Ms Stevens

Spaces : 30

How much : FREE

Foraging and photography down at the beach followed by learning camera skills in and out of the darkroom to create interesting photographs with the objects found on the beach.

What : RAD - Performing Arts Workshop

With : Ms Manktelow

Spaces : 30

How much : Under £10

Join specialists from Rhapsody Artist Development as they help you explore your passion for singing

What : Crafting : Applique, Macrame and Cross Stitch

With : Mrs Hollingsworth

Spaces : 30

How much : Under £20

Learn hands on crafting skills with our in house experts and create something unique.

What : Journalling, Bookmaking & Creative Calligraphy

With : Mrs Sheldon

Spaces : 30

How much : FREE

Enjoy learning the skills of journalling and calligraphy in a calm and creative environment.

What : Beach School

With : Mrs McFarlane

Spaces : 30

How much : FREE

Come and create art using natural elements found by beachcombing at Tidemills. We will then enjoy a picnic lunch by a campfire that students will build themselves.

What : The Great Big Relax

With : Ms Meffen

Spaces : 30

How much : Free

Come and relax and improve your wellbeing! We will discover ways in which we can unwind and slow down by trying yoga and other forms of relaxation.

What : The Science Day Out

With : Mrs Barnes

Spaces : 30

How much : under £30

A day trip to London to visit the Science Museum, there may even be a prize for the student who can learn the most bizarre fact!

What : The Big Film Escape

With : tbc

Spaces : 60

How much : FREE

A fun-filled event where students can enjoy a selection of the best films here at Seaford Head School. Whether you're into action, comedy or drama, there's something for everyone!

What : Discover Your Digital Identity

With : Mr Blackburn

Spaces : 30

How much : FREE

Have your very own corner of the internet where you can show off your achievements, hobbies, and dreams to the world. Whether you're into art, sports, coding, or writing, a Personal Portfolio Website is the perfect way to shine online!

What : Space Camp

With : Mr Quanstrom

Spaces : 30

How much : FREE

A day of space, astronomy and beyond. We will be looking at past & future space missions, how we get to the stars and building rockets of our own!