Seaford Head School

S6H

Achieving Excellence Together



As the end of the academic year approaches, you and your child will likely be excitedly looking forward to plans for the summer. This academic year has been a challenging one, and so this break from routine will provide opportunities for children to go out and enjoy activities, hopefully including reading! As your child moves into their final year of secondary school and gears up for GCSEs from September, their well-being and academic achievement is paramount. In addition to switching off, it would be beneficial for students to continue their reading to enhance their outcomes and happiness throughout their final year. We hope you have a wonderful holiday and enjoy some magical stories along the way.

Why should we read?

Reading widely and for pleasure has many scientifically proven benefits, including:

- Strengthening the brain;
- Increasing empathy;
- Building vocabulary;
- Enhancing imagination;
- Reducing stress;
- Developing a sense of 'self', self-esteem and identity;
- Aiding sleep;
- Increasing spelling accuracy;
- Helping academic achievement, including in Maths;
- Preventing cognitive decline and boosting working memory;
- Alleviating depression;
- Lengthening lifespan;
- Improving creativity and communication skills

Reading is vital to students' understanding of the world around them and their life chances. Reading also makes us better writers and speakers, improving our capability in the workplace and wider community. Did you know research shows that a child who reads/is read to for 5 minutes a day will expose them to around 400,000 words a year? Increasing that to 21 minutes exposes them to 1,823,000 words a year. 40 minutes results in 3,646,000 words a year. Also, did you know that research shows children who read for pleasure achieve better, regardless of whether their reading material of choice is a novel or magazine? Please do encourage your child to read a variety of texts that they are interested in. Of course, the increase in screen-time and social media has been shown to have decreased our focus and concentration levels as people are so used to flicking between apps and scrolling through various websites. Reading can help counter this by providing one thing to focus on.

Ways to encourage reading at home:

• If you'd like support choosing a book for your child, do get in touch with the librarians or visit a website, such as www.bookheads.org.uk, or visit a site like

Seaford Learning Trust

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- <u>www.barringtonstoke.co.uk</u> which produces books for reluctant, under-confident and dyslexic readers.
- Did you know that parents who talk to their children about books, TV programmes and films help their child to develop an interest in reading? Consider when might be a good time in your day/week to ask your child about what they've watched or read recently.
- Sharing podcasts and audiobooks
- 'Turn the Sub-Titles On' this campaign encourages people watching film and TV to use sub-titles to assist with reading and vocabulary acquisition.
- Having books, magazines and other texts at home makes a difference to children's interest in reading and their achievement.
- Exploring your local library is a great way to bring new texts into the home at no cost to you and it allows your child to encounter a variety of text types.
- None of us like everything we read; it's important for us to be open about that with our children. We can help them to find texts they're interested in by talking about the passions, their hobbies and what they're interested in doing in the future.
- Many students prefer reading non-fiction, such as autobiographies, magazine articles or blog posts.
- If you have a computer at home, you could set the homepage to a website your child might be interested in. For example, a website about jazz music, race cars or kite boarding. You could ask them about what they've read or even read some together.
- Reading isn't just important for English lessons; it's important for every subject. If you
 know your child is interested in a particular subject or topic area, you could find articles
 about this to share with them and ask their view on what they've read.

What should students be reading, and how can you get hold of reading material?

One great way to acquire books is by visiting charity shops and buying books second-hand. Not only is this method more sustainable, it is also much cheaper.

Hachette publishers are also offering 20% off book titles. To place your order and pay via card, please ring our customer services team on +44 (0)1235 759555 or email hukdcustomerservices@hachette.co.uk including your name, delivery address and contact telephone number, along with the ISBNs that you would like to order. Please quote the promotional code PIXLSUMMERNEWSLETTER over the phone for 20% off your order.

Reading recommendations:

Below are some suggestions that we have collated. Please note that unless otherwise stated, the texts are suitable from Year 7 upwards, but please do research the books before selecting them to ensure that they are appropriate for your child.

Macbeth - William Shakespeare

An Inspector Calls - J.B. Priestley

A Christmas Carol – Charles Dickens

AQA Power and Conflict Poetry Anthology –

Various poets (The school will provide a free copy of the anthology to all students)

(We will study the texts above during the GCSE course. We have copies of the texts available at school, but students may want to purchase their own copy to make notes in while reading in school. Students may also want

to pre-read these books in preparation for their lessons.)

Recommended texts for KS4 Students

The Colour Purple - Alice Walker

The Dark Lady - Akala

Rani and Sukh – Bali Rai

The Stolen Ones – Vanessa Curtis

I, Ada – Julia Gray

Cane Warriors - Alex Wheatle

Remembered – Yvonne Battle Felton

Animal Farm – George Orwell

The War of the Worlds - H.G. Wells

Frankenstein – Mary Shelly

Middlesex - Jeffrey Eugenides



KS4 Reading List

We have many of these texts, as well as a range of dyslexia friendly and adapted texts, available for students to borrow in our school library. The Truth about Alice – Jennifer Mathieu

In the Dark, In the Woods - Eliza Wass

Here the Whole time - Vitor Martin

Run, Riot - Nikesh Shukla

The Black Flamingo - Dean Atta

Beloved - Toni Morrison

The Handmaid's Tale – Margaret Atwood

Slay - Brittney Morris

Eight Pieces of Silva - Patrice Lawrence

Moxie - Jennifer Mathieu

This Book Will (help You) Change the World – Sue Turton

The Memory Book - Lara Avery

We're All Mad Here - Claire Eastham

The Trap - Alan Gibbons

Orangeboy – Patrice Lawrence

The Boxer - Nikesh Shukla

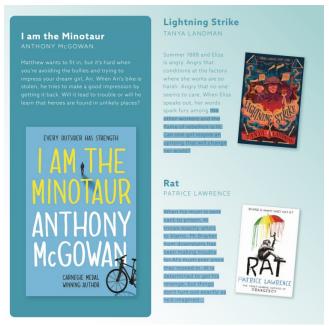
A Jigsaw of Fire and Stars - Yaba Badoe

Wolf Light - Yaba Badoe

The Monsters We Deserve – Marcus Sedgwick

The Outrage - William Hussey

Shorter, more accessible texts, ideal for students aged 11-14 with dyslexic friendly font and engaging stories:





The Clockwork Queen PETER BUNZL PRE-ORDER FOR RELEASE ON MARCH 380

Chess prodigy, Sophie Peshka, inherited her love of the game from her grandmaster father. But now that he has been imprisoned in the dungeons of the Winter Palace in St Petersburg, by powerful Empress Catherine the Great, Sophie must use all her strategic skill and cunning to help him escape. Part of Sophie's plan involves an incredible chessplaying automaton called the Clockwork Queen, but will the Queen be able to outwit the Empress in a game where the stakes are a matter of life and death?

Needle

PATRICE LAWRENCE (12+)

Charlene is a demon knitter. It's the only thing she enjoys and the only thing she believes she's really good at. So, when her foster mum's son destroys her latest creation, Charlene loses it and stabs him in the hand with her knitting needle. It damages a nerve and she gets sucked into the criminal justice system for assault. Charlene's not sorry and she's never apologised to anyone in her life. But people keep telling her that if she says sorry, they'll go easier on her. Can she bring herself to say it and not mean it when her freedom's at stake?



The Humiliations of Welton Blake

ALEX WHEATLE (12+

Welton Blake has done it! He's asked out Carmella McKenzie—the 'bestlooking' girl in school—and she's only gone and said yes! But just as he think his luck is starting to change, Welton's phone breaks, kick-starting a series of unfortunate and humiliating events. With bullies to avoid, girls ready to knock him out and all the drama with his mum and dad, life for Welton is about to go nearly very very.





The Disconnect

KEREN DAVID (13+

Could you disconnect from your phone for six weeks? An eccentric entrepreneur has challenged Esther's year group to do just that, and the winne will walk away with £1,000. For Esther, whose dad sister and baby nephew live thousands of miles away in New York, the prize might be her only chance to afford flights for a visit... But can she really stay disconnected for long enough to win?

Some Classics, perhaps for those students who wish to be stretched and challenged:



Longer reads:



Yesterday Crumb and the Storm in a Teacup andy sagar





While the Storm Rages PHIL EARLE



Girl

pose in stupid mum-and-daughter matching outlifts for sponsored posts. The freebies aren't worth the teasing at school. And when an intensely humiliating "period party" post goes viral, Eva is outraged. She's going to find a way to stop the channel, even if she has to sabotage it herself.





This Wicked Fate KALYNN BAYRON (12+)

The sequel to This Poison Heart.
Briseis's mother is dead, but there is one chance to bring her back: find the last piece of the deadly Absyrtus Heart. If Bri is to locate the missing piece, she must turn to the blood relatives she's never known, learn of their secret powers and take her place in their ancient lineage. But Bri is not the only one who wants the Heart, and her enemies will stop at nothing to fulfill their own ruthless plans. Can she harness her power to save the people she loves most?

WATCH KALYNN TALK ABOUT HER BOOK HERE:



The Shark Caller

ZILLAH BETHELL

Blue Wing is desperate to become a shark caller, but instead she must be friend infuriating newcomer Maple, who arrives unexpectedly on Blue Wing's island. At first, the girls are too angry to share their secrets and become friends. But when the tide breathes the promise of treasure, they must journey together to the bottom of the ocean to brave the deadliest shark of them all



The Crossover

KWAME ALEXANDER (12+)



12-year-old Josh and his twin Jordan have basketball in their blood. They're kings of the court, star players for their school team. Their father used to be a champion player and they each want nothing more than to follow in his footsteps.

Both on and off the court, there is conflict and hardship which will test Josh's bond with his brother.

The Summer We Turned Green

WILLIAM SUTCLIFFE (12+)

It's the summer holidays, and thirteen-year-old Luke's life has been turned upside down. First his older sister Rose moved 'across the road', where a community of climate rebels is protesting the planned airport expansion. Then his dad followed her. Dad only went to get Rose back, but now he's out there building totem



poles, wearing sandals and drinking mead (whatever that is) with the best of them.

Only on the Weekends

DEAN ATTA (13+



Fifteen-year-old Mack is a hopeless romantic – he blames the films he's grown up watching. He has liked Karim for as long as he can remember and is postatic when Karim becomes his boyfriend – it feels like love

But when Mack's dad gets a job on a film in Scotland, Mack has to move, and soon he discovers how painful love can be. It's horrible being so far away from Karim, but the worst part is that Karim doesn't water the first to wish the properties the properties.

Then, when Mack meets actor Finlay on a film set, he experiences something powerful, a feeling like love at first sight. How long until he talk Karim – and whop will his old life and now life collida?

Glorious Poison

KAT DUNN (13+

As Royalist strength grows, the Duc de L'Aubespine plots a coup that will consign the revolution to history. With Olympe in his clutches, he believes nothing can stop him. But he's reckoned without the intrepid Battalion of the Dead! Reunited in Paris, Ada is poised for action – but if she plays her hand too soon, everything she's sacrificed to gain his trust will be lost. Meanwhile, an unlikely alliance with an old enemy might be Camille's only option to save Olympe and stop the duc in his tracks.

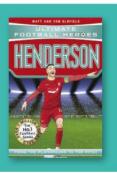
The glittering and macabre bals des victimes and the eerie catacombs make the perfect backdrop for the final episode of the Rattalion's tale



Shorter reads:

Ultimate Football Heroes - Henderson

This is the story of Jordan Henderson, captain of Liverpool Football Club and midfield powerhouse for the England national team. Follow his exciting journey from kicking a football on the Sunderland streets to hearing his name boom on a Champions League winning night under the bright Anfield lights. The Ultimote Football Heroes series contains a number of biographies telling the life stories of footballers and their journeys from childhood fan to



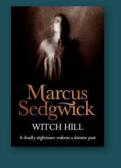
Witch Hill

MARCUS SEDGWICK

The fire was a family tragedy that Jamie can't forget, even in his dreams. And now there is something terrifying happening to him in Crownhill, the village where he's been sent to get over his problems. Something to do with an evil old witch who gets into his nightmares and a frightened girl, the victim of a long-ago witch hunt, whose presence lingers on. As the dark secrets of Crownhill are revealed, Jamie has to confront his worst fears in order to free himself from the horrors of the past.

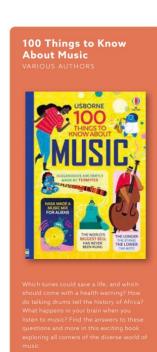
WATCH MARCUS TALK ABOUT H BOOK, AND THE INSPIRATION BEHIND IT. HERE:





Non-fiction texts:









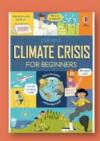
Psychology for Beginners

Fully-illustrated and filled with real-world examples, this book explains the basics of psychology, from how people think, feel and behave to how scientists can study and be sure about what is actually going on in other people's brains.

Climate Crisis for Beginners

VARIOUS AUTHORS

The climate crisis is real. Climatechange is having an enormous impact on the world around us. This book uses simple language and vivid illustrations to explain complex questions clearly. How does the climate work? What are we doing to change it? What can we do differently to avoid the worst outcomes? Why do we all find change so hard? The climate crisis is a troubling and sensitive topic especially for children, so the book includes vital tips on how to set realistic goals and not get overwhelmed by bad news.



Other suggestions:

Exploring a wide variety of experiences and activities helps to introduce your child to knowledge and interests they may not otherwise have acquired. You may already have lots of ideas for getting out and about over the summer, but we have also collated a few ideas to start you off below. These may spark an interest in something your child may then want to read about, either through a story book or through non-fiction texts.

- Explore the National History Museum through a virtual tour: https://www.nhm.ac.uk/visit/virtual-museum.html
- In this ten-part podcast series, the most frequently asked questions about Shakespeare's life are explored: https://www.shakespeare.org.uk/explore-shakespeare/podcasts/lets-talk-shakespeare/
- Watch this video by the puppeteers behind Joey, the horse from the stage production of War Horse:
 - https://www.ted.com/talks/handspring puppet co the genius puppetry behind war hor se?referrer=playlist-talks to watch with kids&language=en
- Watch this interview event with Tim Peake, focusing on his experience in space: https://www.youtube.com/watch?v=ekQtOdz2 G4
- Explore the use of colour and shape in art on the Tate website. As you read, carefully
 view the artworks presented and consider the questions:
 https://www.tate.org.uk/art/teaching-resource/colour-and-shape
- National Geographic for kids have a range of articles about geography, science and history for you to explore: https://www.natgeokids.com/uk/category/discover/geography/
- Read about the history of Stonehenge, possibly the world's most famous prehistoric site: https://www.english-heritage.org.uk/visit/places/stonehenge/history-and-stories/
- Explore the English Timeline on the British Library website: https://www.bl.uk/englishtimeline