



May 2024

Dear Parent/Carer,

Year 9 Cambridge National Sports Studies Buzz Active

Year 9 students who are studying Cambridge National Sports Studies have the opportunity to attend an outdoor activity trip in Term 6 on Wednesday 12 June 2024 from 10:00am – 4:00pm.

As part of the course here at Seaford Head, your child will need to complete:

Unit R187: Increasing Awareness of Outdoor and Adventurous Activities

Part of this unit assesses the student's practical performance in two outdoor and adventurous activities.

The trip will be run by Buzz Active and will be held at Friston Forest and Buzz Active Cuckmere and will consist of two activities during the day. Pupils will be taking part in Orienteering and Kayaking. Wet suits and all equipment will be provided by Buzz Active.

The trip will have a cost of £39.50 per person based on 21 students attending. If the trip does not have full capacity the cost may rise slightly.

Pupils will be required to attend periods 1 and 2, but may come to school in PE kit. From period 3 staff will take the students via minibus to Friston Forest for the first activity, then on to Buzz Active at the Cuckmere. Students will return to school at approximately 4:00pm.

Students will need to bring a full packed lunch for the day, plenty of drinks and a few snacks.

To secure a place for your child on this trip, please express your interest via ParentPay no later than 03 June 2024.

Yours sincerely,

Mrs S. Brennan

Physical Education Department

Seaford Learning Trust

Mr R Ellis, Headteacher

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