



Dear Parent/ Carer,

Year 9 Meals with Mates Cooking Club

We are very pleased to invite your child to our 'cooking-club' event at Seaford Head School on **Monday 13 May and Monday 20 May** in room 18 on the Arundel Road site. The club will run from **3:00pm-5:00pm**.

Your child will make the dishes in pairs and then eat them together with friends. They will be given the recipes so that they can recreate their dishes at home, should they wish to.

They will make the following dishes:

Monday 13 May:

Homemade curry, flatbread and chutneys

Monday 20 May:

Mexican Madness (a range of Mexican dishes and dips)

All ingredients and equipment will be provided by the school, but we do request that students bring in a filled water bottle.

The purpose of the event is to build upon practical preparation and cooking skills, to try new ingredients and flavours and to socialise with peers.

We are very much looking forward to welcoming your child at this event. Places are limited, so please do let us know if they are able to join us by completing the Microsoft Office Form here: <https://forms.office.com/e/yHcnZxxuh6>

We are more than happy to cater for any alternative diets, please state any allergies or intolerances on the form.

Best wishes,

A Baycroft

Mrs A Baycroft

Teacher of Food and Nutrition

Seaford Learning Trust

Mr R Ellis, Headteacher

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