



February 2024

Dear Parents and Carers

## ***YEAR 10 CHILD DEVELOPMENT- Practical food making exam.***

### R058 Task 4 – Plan, prepare and evaluate a feed **or** your meal choice

As part of the Cambridge National Child Development qualification, students have to complete various coursework component tasks, which, in total, are worth 60% of their overall grade. Unit R058 Task 4 requires students to:

- Make a bottle feed suitable for a baby aged 0–6 months.

**Or**

- Make your two-course packed lunch from Task 3.

Your teacher will need to observe you when you make the feed or meal.

You **must**:

- Produce a plan for preparing your feed or meal to include:
  - equipment
  - ingredients and quantities
  - safety
  - hygiene.
- Make the feed or meal following safety and hygiene practices.
- Ask your teacher to complete a Teacher Observation Record when observing you make the feed or meal.
- Use annotated photos or a video to show step-by-step how you made the feed or meal and followed safety and hygiene practices.

After you have made the feed or meal.

You **must**:

- Evaluate your own performance.

You should consider:

- strengths and weaknesses of your planning and preparation
- suggestions for improvements or changes.

The students are starting to understand the requirements of the task and carrying out research about the dietary/nutritional requirements, for babies and children. They will then be required to choose ONE of the above options to plan and cook/make during a two-hour practical examination. To achieve the best possible outcomes for the students I would like to give them enough time to carry out their practical task and analysis skilfully and accurately. To allow for a productive cooking environment, the Year 10 students will be split into their two groups so that the assessment takes place over two sessions. Therefore, they will be completing their 'R058 Task 4 Practical assessment' during one of the following sessions:

## Seaford Learning Trust

Mr R Ellis, Headteacher

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Mon 18 March, P1,2 & 3 -**Mrs Usher's** class- 10D/Cc1

Mon 18 March, From Break time, P4 & P5 (and lunch if needed)- **Ms Macefield/Mrs Brennan's** class-10D/Cc2.

Please discuss this practical assessment with your child to help with the planning and preparation. The task will need to be planned to include: what the practical involves, how long it will take to make and what ingredients/equipment will be needed.

I hope you find this information useful and would like to thank you for your continuing support. Please contact me if you have any further questions: [AmandaUsher@seafordhead.org](mailto:AmandaUsher@seafordhead.org).

Yours sincerely

*Amanda Usher*

Mrs Usher  
Head of Child Development