



November 2023

Dear Parents/Carers

METACOGNITION MENTORING (S6H / YEAR 9 / YEAR 7 / LOCAL PRIMARY SCHOOLS)

Your child has been chosen to receive mentoring from Sixth Form students and in turn then mentor local primary school students. This will help them to improve their metacognition skills, this being their ability to think about and act on how they learn. This year we will be focusing on memory skills and emotional resilience.

The training in metacognition comprises:

- Mentoring in small groups by Sixth Formers
- Input from teachers at SHS on how to mentor
- Student research and design of activities for younger students
- Mentoring of Year 9, Year 7 and of local primary students (Y5)

This project will take place during Term 3 onwards. The mentoring by Sixth Form students will take place during tutor on Mondays and Fridays. The sessions will focus on subjects your child would like to work on together with the mentor and they will use metacognitive strategies to improve learning skills.

The mentoring of Year 9 and primary school students will involve a range of one-to-one, small group or whole class teaching. In term 4 to 6, we will visit the local primary schools and Year 7 students on a weekly basis. The sessions will occur once or twice per week at different times so that they do not miss the same lesson multiple times. The project will require students to be available for one or two periods a week from Term 4. We will review at the end of term 4 how we proceed for the rest of the year.

We will either walk or travel to the primary schools in the Seaford Head minibus.

This project will develop your child's:

- knowledge of how to learn and how to problem solve
- confidence, self-esteem and presenting abilities
- interpersonal skills
- planning and project managing

If you would like your child to take part in this initiative, please could you complete the permission slip on ParentPay no later than Friday 8 December 2023.

If you have any questions or concerns regarding this project, please contact me by e-mail- michaelvidon@seafordhead.org

Yours sincerely

M. Vidon

Mr. Vidon
Teacher of French
Metacognition Lead

Seaford Learning Trust

Mr R Ellis, Headteacher

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