



November 2023

Dear Parent/Carer,

As part of our extensive Personal Development and Personal, Social, Health and Economic Education (PSHE) curriculum we seek to enhance our young people's experiences by organising specialist workshops and assemblies to complement the existing programme.

The full PSHE and Personal Development programme can be found on the school website- : <https://seafordhead.org/our-education/pshe-wellbeing/>

Although we will not write home for every specific assembly or workshop, we wanted to let you know about several events coming up in the next few months as they cover topics that may potentially be sensitive. Others appear on the website as part of the PSHE and Personal Development overviews.

During this term Year 9 have been taking part in a county wide project around healthy relationships. Working with Public Health, we have led on this East Sussex project that will see all secondary schools receive a package of bespoke lessons and workshops around Harmful Sexual Behaviours (HSB) and other RSHE topics. As part of this project the Local Authority have commissioned Applied Theatre Specialist, Loudmouth, to tour secondary schools and other suitable venues in East Sussex with their highly acclaimed production.

This sensitive programme uses a drama production that follows a young couple as their relationship develops. Looking in on their relationship the pupils are shown the characteristics of both a healthy and unhealthy relationship exploring the concepts of respect, privacy and consent, including learning about sexting and abusive and coercive behaviours within relationships. The production will be presented to Year 9 in the last week of this term.

These are highly sensitive subjects, and every care has been taken to ensure that the production and lessons are relevant without being personal, graphic or offensive. The issues are raised and discussed in a manner entirely relevant and suitable for the target age group.

During this term Year 9 learners have been engaged in lessons that specifically look at some of the points above in PSHE including exploitation, relationships and consent. These lessons form part of our PSHE offer which uses age-appropriate materials developed in line with the government endorsed PSHE Association curriculum and in line with statutory guidance that came into effect in September 2020. We also use specific resources created within East Sussex via the PSHE Hub and Public Health. Information regarding RSHE can be found on our website, in our new RSHE policy, and the statutory DfE guidance can be found on the government website-: DfE [Link](#)

We are also extremely grateful that the Connor Saunders Foundation have given up their time to run a special assembly for several year groups over the coming weeks. The Connor Saunders Foundation was set up after Connor, who lived locally, was tragically killed by just one punch at 19. Connor was charming, kind and caring – he worked hard, was the first to help others his whole life (becoming an organ donor at 16) and believed that life was what you made it.

## Seaford Learning Trust

Mr R Ellis, Headteacher

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Devastated, the Saunders family set up the Foundation in Connor's name, determined to honour his life and maintain his capacity to love and care for those around him. They will be delivering an anti-violence workshop to Year 9 and 10 during December.

In commemoration of Holocaust Memorial Day, during Term 3 Generation 2 Generation (G2G) will deliver assemblies to three year groups at the school. G2G is a Holocaust Education Charity, established to empower second and third generation Holocaust survivor descendants to present their family histories to a wide variety of audiences. Through the use of survivor testimony, they aim to keep these Holocaust stories alive and promote the importance of inclusivity and human rights. Learners will explore other issues around this topic area in the Personal Development tutor time sessions.

We have made the decision to run PSHE as a core subject, but without accreditation, to ensure the students get the most from their learning experience without the pressures of an exam. The modular assessment process within PSHE ensures that students reflect and consider their development of knowledge, reasoning, skills and understanding. These self-reflective grades are combined with teacher assessment and will appear in student academic reports as a percentage and inform our curriculum delivery and development. Last academic year over 99% of learners were able to identify consent in relationships with other aspects around wellbeing and substance misuse receiving similarly high percentages of awareness and understanding. This academic year PSHE will not appear in PCE appointments, however we will be running a series of workshops exploring key themes within the curriculum. These bookable events, alongside others around mental health, wellbeing and SEND will be promoted through a separate correspondence in the coming weeks. However please find information below to sign up for our Safe & Healthy Relationships workshop that is linked to the topic Year 9 are currently studying-:

- Date- Monday 19<sup>th</sup> February 2024
- Time- 4.30-5.30pm
- Venue- Learning Hub, Arundel Road Site.
- Facilitator- Mr Whittaker- Assistant Headteacher- Inclusion & PSHE & Mrs K- Head of Year & Safeguarding Manager
- Outline- This workshop will explore healthy and safe teenage relationships. We will cover consent, harmful sexual behaviours, sharing of indecent images (sexting) and signposting.
- Sign Up Link-: <https://forms.office.com/e/fY7eJXmRP8>

All of the work delivered in PSHE lessons is enhanced by the ongoing social and emotional education that is imbedded across our curriculum and through our pastoral support system. The school regularly engages with external agencies and partners to ensure the welfare and wellbeing needs of our students is met to the best of our ability. In addition to the educational delivery around health we have an extensive support provision within the school to support students physical and emotional wellbeing, further details of which can be found here-: <https://seafordhead.org/parents/supporting-your-child/>.

We have a tiered approach to support young people making sure we can give the right support at the right time. For targeted and enhanced support, students are usually referred in by year group teams, but students as well as parents and carers can also email [health@seafordhead.org](mailto:health@seafordhead.org) to get support for their child. If you are concerned about the wellbeing of your child around the issues

mentioned in this letter or any other health and wellbeing aspects, please don't hesitate to get in contact with the school, initially via the year group teams.

As part of the ongoing reflection and planning process of PSHE we regularly consult students to ensure the programme meets their needs. We also would like to gain regular parent and carer views on PSHE and as such have an ongoing survey open for you to access at any point:

[Survey Link](#)

If you have any questions about PSHE, Personal Development, Health or Student Wellbeing please visit our website for more information, contact your child's Head of Year or myself.

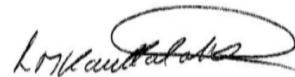
Yours faithfully



**Mr Sam Whittaker**

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