



November 2023

Dear Parent/Carer,

As part of our extensive Personal Development and Personal, Social, Health and Economic Education (PSHE) curriculum we seek to enhance our young people's experiences by organising specialist workshops and assemblies to complement the existing programme.

The full PSHE and Personal Development programme can be found on the school website - : <https://seafordhead.org/our-education/pshe-wellbeing/>

Although we will not write home for every specific assembly or workshop, we wanted to let you know about several events coming up in the next few months as they cover topics that may potentially be sensitive. Others appear on the website as part of the PSHE and Personal Development overviews.

We are extremely grateful that the Connor Saunders Foundation have given up their time to run a special assembly for several year groups over the coming weeks. The Connor Saunders Foundation was set up after Connor, who lived locally, was tragically killed by just one punch at 19. Connor was charming, kind and caring – he worked hard, was the first to help others his whole life (becoming an organ donor at 16) and believed that life was what you made it. Devastated, the Saunders family set up the Foundation in Connor's name, determined to honour his life and maintain his capacity to love and care for those around him. They will be delivering an anti-violence workshop to Year 9 and 10 during December.

In commemoration of Holocaust Memorial Day, during Term 3 Generation 2 Generation (G2G) will deliver assemblies to three year groups at the school including Year 10. G2G is a Holocaust Education Charity, established to empower second and third generation Holocaust survivor descendants to present their family histories to a wide variety of audiences. Through the use of survivor testimony, they aim to keep these Holocaust stories alive and promote the importance of inclusivity and human rights. Learners will explore other issues around this topic area in the Personal Development tutor time sessions.

We have made the decision to run PSHE as a core subject, but without accreditation, to ensure the students get the most from their learning experience without the pressures of an exam. The modular assessment process within PSHE ensures that students reflect and consider their development of knowledge, reasoning, skills and understanding. These self-reflective grades are combined with teacher assessment and will appear in student academic reports as a percentage and inform our curriculum delivery and development. Last academic year over 99% of learners were able to identify consent in relationships with other aspects around wellbeing and substance misuse receiving similarly high percentages of awareness and understanding. This academic year PSHE will not appear in PCE appointments, however we will be running a series of workshops exploring key themes within the curriculum. These bookable events, alongside others around mental health, wellbeing and SEND will be promoted through a separate correspondence in the coming weeks. However please find information below to sign up for our Safe & Healthy Relationships workshop that is linked to the topic Year 10 are currently studying in PSHE:-

Seaford Learning Trust

Mr R Ellis, Headteacher

Arundel Road, Seaford, East Sussex, BN25 4LX

01323 891623 / reception@seafordhead.org / www.seafordhead.org

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- Date- Monday 19th February 2024
- Time- 4.30-5.30pm
- Venue- Learning Hub, Arundel Road Site.
- Facilitator- Mr Whittaker- Assistant Headteacher- Inclusion & PSHE & Mrs K- Safeguarding Manager
- Outline-: This workshop will explore healthy and safe teenage relationships. We will cover consent, harmful sexual behaviours, sharing of indecent images (sexting) and signposting.
- Sign Up Link-: <https://forms.office.com/e/fY7eJXmRP8>

All of the work delivered in PSHE lessons is enhanced by the ongoing social and emotional education that is imbedded across our curriculum and through our pastoral support system. The school regularly engages with external agencies and partners to ensure the welfare and wellbeing needs of our students is met to the best of our ability. In addition to the educational delivery around health we have an extensive support provision within the school to support students physical and emotional wellbeing, further details of which can be found here-: <https://seafordhead.org/parents/supporting-your-child/>.

We have a tiered approach to support young people making sure we can give the right support at the right time. For targeted and enhanced support, students are usually referred in by year group teams, but students as well as parents and carers can also email health@seafordhead.org to get support for their child. If you are concerned about the wellbeing of your child around the issues mentioned in this letter or any other health and wellbeing aspects, please don't hesitate to get in contact with the school initially via the year group teams.

As part of the ongoing reflection and planning process of PSHE we regularly consult students to ensure the programme meets their needs. We also would like to gain regular parent and carer views on PSHE and as such have an ongoing survey open for you to access at any point: [Survey Link](#)

If you have any questions about PSHE, Personal Development, Health or Student Wellbeing please visit our website for more information, contact your child's Head of Year or myself.

Yours faithfully



Mr Sam Whittaker

Assistant Headteacher- Seaford Head School
East Sussex Secondary PSHE Lead- East Sussex Public Health
Safeguarding Support and Intervention Consultant - East Sussex County Council

Direct Dial: 01323 872724

Email: samwhittaker@seafordhead.org