#### STUDENT ADVICE SHEET

# FURTHER INFORMATION & SUPPORT

Surveys from the Childhood Bereavement Network on bereavement are featured in this week's lessons. If you would like to complete them, check out their website for more information, or click the link below.

## Young people's survey (age 13+)

Grief Encounter have a range of resources on loss and bereavement available via their website. This includes chat, email & call support lines and advice.

### Search for: <u>Grief Encounter</u>

Child Bereavement UK provides support and guidance for children, young people, and families who are experiencing bereavement.

#### Search for: Child Bereavement UK

Hope Again is the youth website of Cruse Bereavement Support. They have resources to help you learn from your peers and feel less alone.

## Search for: <u>Hope Again</u>

Sibling Support is designed for those whose brother or sister has died. They offer a range of resources, stories, and advice for staying well via their website.

### Search for: Sibling Support

Winston's Wish works with young people up to age 25 who are grieving. They have a helpline (08088 020 021) and a range of resources.

### Search for: Winston's Wish

Please Note: If you have any concerns, please speak to a trusted adult, such as a teacher or caregiver.