



September 2023

Dear Parent/Carer,

I am writing to inform you of the Year 12 & Year 13 Uniformed Protective Services Outdoor activity trip to Buzz Active & Cuckmere Cycles in Friston Forest, which will be taking place on Friday 3 November 2023.

As part of the UPS course here at Seaford Head, your child will need to perform in a range of Outdoor Activities and then review their own performance in those activities as part of their coursework for Unit 10: OAA. We have recently been to Buzz Active to perform a range of OAA water activities which will be used as evidence towards completing the practical element of this Unit of their coursework.

This trip is optional and will be a paid for trip. This opportunity is offered as an additional OAA trip – although this practical performance will also be able to be used as further evidence towards Unit 10. The cost of this trip will be £28.50 which covers mountain bike hire, helmet hire and a fully guided mountain biking experience in Friston Forest.

Pupils will be split into two groups for the trip, with each group attending the activity at a different time. The first group will be performing from 9.30am – 12.30pm and will be required to be at Seaford Head School, Steyne site at 8.40am on Friday 3 November. Staff will then be taking the students via minibus down to Buzz active/Cuckmere Cycles.

Upon the return of the first group, the second group will be leaving from 1pm – 4pm. Pupils in this group will be required to meet at Seaford Head School, Steyne site at 12.45pm on Friday 3 November. Staff will then be taking the students via minibus down to Buzz active/Cuckmere Cycles.

Pupils will be informed of their group once we have a full confirmation of the attendees for the trip.

Please complete the consent form and payment of £28.50 on ParentPay, which must be completed no later than Friday 27 October.

Yours Sincerely,

Mr Ross Sutton

Physical Education Department

## Seaford Learning Trust

Mr R Ellis, Headteacher

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