# Seaford Head School

Achieving Excellence Together



July 2023

Dear Parents and Carers,

With the academic year at an end, and the summer beginning, the break from routine will provide opportunities for children to go out and enjoy the sun, hopefully including some reading! As your child moves into their final year of secondary school and GCSE from September, their well-being and academic achievement is paramount. In addition to switching off, it would be beneficial for children to continue their reading to enhance their outcomes and happiness throughout their final year. We wish you a wonderful summer break and look forward to hearing about the stories read upon their return in September.

# Why should students read?

Reading widely and for pleasure has many scientifically proven benefits, including:

- Strengthening the brain;
- Increasing empathy;
- Building vocabulary;
- Enhancing imagination;
- Reducing stress;
- Developing a sense of 'self' and identity;
- Aiding sleep;
- Increasing spelling accuracy;
- Helping academic achievement, including in Mathematics;
- Preventing cognitive decline and boosting working memory;
- Alleviating depression;
- Lengthening lifespan;
- Improving creativity and communication skills.

Reading is vital to students' understanding of the world around them and their life chances. Reading also makes us better writers and speakers, improving our capability in the workplace and wider community. Did you know research shows that a child who reads/is read to for 5 minutes a day will expose them to around 400,000 words a year? Increasing that to 21 minutes exposes them to 1,823,000 words a year. 40 minutes results in 3,646,000 words a year. Also, did you know that research shows children who read for pleasure achieve better, regardless of whether their reading material of choice is a novel or magazine? Please do encourage your child to read a variety of texts that they are interested in. Of course, the increase in screen-time and social media has been shown to have decreased our focus and concentration

# **Seaford Learning Trust**

# Mr R Ellis, Headteacher

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levels as people are so used to flicking between apps and scrolling through various websites. Reading can help counter this by providing one thing to focus on.

# Ways to encourage reading at home

- If you'd like support choosing a book for your child, do get in touch with the librarians or visit a website, such as <u>www.bookheads.org.uk</u>, or visit a site like <u>www.barringtonstoke.co.uk</u> which produces books for reluctant, under-confident and dyslexic readers.
- Did you know that parents who talk to their children about books, TV programmes and films help their child to develop an interest in reading? Consider when might be a good time in your day/week to ask your child about what they've watched or read recently.
- Sharing podcasts and audiobooks
- 'Turn the Sub-Titles On' this campaign encourages people watching film and TV to use sub-titles to assist with reading and vocabulary acquisition.
- Having books, magazines and other texts at home makes a difference to children's interest in reading and their achievement.
- Exploring your local library is a great way to bring new texts into the home at no cost to you and it allows your child to encounter a variety of text types.
- None of us like everything we read; it's important for us to be open about that with our children. We can help them to find texts they're interested in by talking about the passions, their hobbies and what they're interested in doing in the future.
- Many students prefer reading non-fiction, such as autobiographies, magazine articles or blog posts.
- If you have a computer at home, you could set the homepage to a website your child might be interested in. For example, a website about jazz music, race cars or kite boarding. You could ask them about what they've read or even read some together.
- Reading isn't just important for English lessons; it's important for every subject. If you know your child is interested in a particular subject or topic area, you could find articles about this to share with them and ask their view on what they've read.

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# What should students be reading, and how can you get hold of reading material?

One great way to acquire books is by visiting charity shops and buying books second-hand. Not only is this method more sustainable, it is also much cheaper.

Hachette publishers are also offering 20% off book titles. To place your order and pay via card, please ring our customer services team on +44 (0)1235 759555 or email hukdcustomerservices@hachette.co.uk including your name, delivery address and contact telephone number, along with the ISBNs that you would like to order. Please quote the promotional code PIXLSUMMERNEWSLETTER over the phone for 20% off your order.

# Reading recommendations:

Below are some suggestions that we have collated. Please note that unless otherwise stated, the texts are suitable from Year 7 and up, but please do research the books before selecting them to ensure that they are appropriate for your child.

Macbeth - William Shakespeare

An Inspector Calls - J.B. Priestley

A Christmas Carol - Charles Dickens

AQA Power and Conflict Poetry Anthology -Various poets (The school will provide a free copy of the anthology to all students)

(We will study the texts above during the GCSE course. We have copies of the texts available at school, but students may want to purchase their own copy to make notes in while reading in school. Students may also want to pre-read these books in preparation for their lessons.)

### **Recommended texts for KS4 Students**

The Colour Purple – Alice Walker

The Dark Lady - Akala

Rani and Sukh – Bali Rai

The Stolen Ones – Vanessa Curtis

I, Ada – Julia Grav

Cane Warriors - Alex Wheatle

Remembered – Yvonne Battle Felton

Animal Farm - George Orwell The War of the Worlds - H.G. Wells

Frankenstein - Mary Shelly

Middlesex - Jeffrey Eugenides

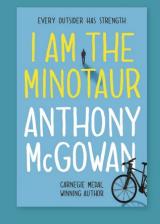
d what exercise is to the bor istothe Seaford Readi Head School Read, Lead, Succeed! **KS4** Reading List

We have many of these texts, as well as a range of dyslexia friendly and adapted texts, available for students to borrow in our school library.

The Truth about Alice - Jennifer Mathieu In the Dark, In the Woods - Eliza Wass Here the Whole time - Vitor Martin Run, Riot - Nikesh Shukla The Black Flamingo – Dean Atta Beloved - Toni Morrison The Handmaid's Tale – Margaret Atwood Slay - Brittney Morris Eight Pieces of Silva – Patrice Lawrence Moxie – Jennifer Mathieu This Book Will (help You) Change the World -Sue Turton The Memory Book - Lara Avery We're All Mad Here - Claire Eastham The Trap – Alan Gibbons Orangeboy – Patrice Lawrence The Boxer – Nikesh Shukla A Jigsaw of Fire and Stars - Yaba Badoe Wolf Light - Yaba Badoe The Monsters We Deserve – Marcus Sedgwick The Outrage – William Hussey

# Shorter, more accessible texts, ideal for students aged 11-14 with dyslexic friendly font and engaging stories:

# I am the Minotaur



### **Lightning Strike** TANYA LANDMAN

seems to care. When Eliza rk fury among **the** kers and the



# Rat





PATRICE LAWRENCE





# The Clockwork Queen PETER BUNZL

## Needle

### PATRICE LAWRENCE (12+)

Charlene is a demon knitter. It's the only thing she enjoys and the only thing she believes she's really good at. So, when her foster mum's son destroys her latest creation, Charlene loses it and stabs him in the hand with her knitting needle. It damages a nerve and she gets sucked into the criminal justice system for assault. Charlene's not sorry and she's never apologised to anyone in her life. But people keep telling her that if she says sorry, they'll go easier on her. Can she bring herself to say it and not mean it when her freedom's at stake?



# The Humiliations of Welton Blake

ALEX WHEATLE (12+) Welton Blake has done it! He's asked out Carmelia McKenzie--the 'best-looking' girl in school--and she's only gone and said yes! But just as he thi his luck is starting to change, Welton's phone breaks, kick-starting a serier of unfortunate and humiliating events. With bullies to avoid, girls ready to knock him out and all the drama with his mum and dad, life for Welton is about to go very, very wrong...





# The Disconnect

# Some Classics, perhaps for those students who wish to be stretched and challenged:

### Treasure Island ROBERT LOUIS STEVENSON

Join the adventurous Jim Hawkins as he stumbles across a mysterious treasure map, sails a schooner and braves fearsome pirates in this exciting, swashbuckling tale.



# The Time Machine

When the Time Traveller explains his theory about travelling through time to his dinner guests, they are initially sceptical. He returns a week later with an astonishing tale about encountering strange new worlds and different species. The guests are left wondering if he sets foot in his Time Machine again, will he ever return?

### The Jungle Book RUDYARD KIPLING

The extraordinary tale of Mowgli, the abandoned 'man cub', who is raised by wolves in the depths of the Indian jungle. As he grows up, he embarks on a series of thrilling adventures with his friends Baloo the Bear and Bagheera the Panther.



H. G. WELLS

# Longer reads:

# Contender: The Chosen TARUN MATHARU £7.99 9781444938944 200 G CONTENDER THE CHOSE hachette

### **Splinters of Sunshine** PATRICE LAWRENCE £7.99 9781444954777

After a fun Christmas Eve decorating the tree and singing along with his mum to Queen, fifteen-year-old Spey wakes up on Christmas morning to find the ex-prisoner father he's never met asleep on the sofa. On a road trip like



no other, can Spey and his dad find his missing his dad rino ris rinzang friend Dee, and will they be ready to confront a criminal gang together?



# ALEXANDRA BRACKEN Th.

**Lore** Alexandra bracken



### Yesterday Crumb and the Storm in a Teacup andy sagar

Yesterday Crumb is no ordinary girl. She was born with fox ears that have cured her to a lonely life working in the circus and her origins are a complete mystery. But she is about to escape into the adventure of a lifetime when she learns that she's a strangeling who's lost her magic. Taken in by Miss Dumpling the flamboyant Tea Witch, Yesterday is introduced to a magical, walking teashop filled with fantastical customers, a flying teapot turtle called Pascal and powerful spells in every teacup! Yesterday starts to rediscover her magic rank to feal a sense of belonging. But a mysterious figure of darkness is working hard to ensure her new life comes crashing down - and it all starts with a deadly shard of ice in Yesterday's heart...



# WHILE THE STORM RAGES

PHIL EARLE

## While the Storm Rages PHIL EARLE

September 1939. The world is on the brink of war. As his dad marches off to fight, Noah makes him a promise, to keep their beloved family dog safe. When the government advises people have their pets put down in readiness for the chaos of war, huno of thousands of people do as they are told. But not Noah. He's r that sort of boy. With his two friends in tow, he goes on the run save his dog and as many animals as he can. No matter what.

WATCH PHIL TALK ABOUT HIS BOOK, AND THE ORIGINS OF THE STORY, HERE If you like this book, you may also like his book When the Sky Falls



# Girl

an intensely humiliating "period party" post goes viral, Eva is outraged. She's going to find a way to stop the channel, even if





# This Wicked Fate KALYNN BAYRON (12+)

The sequel to This Poison Heart. Briseis's mother is dead, but there is one chance to bring her back: find the last piece of the deadly Absyrtus Heart. If Bri is to locate the missing piece, she must turn to the blood relatives she's never known, learn of their secret powers and take her place in their ancient lineage. But Bri is not the only one who wants the Heart, and her enemies will stop at nothin to fulfil their own ruthless plans. Can she harness her power to save the people she loves most?



# **The Shark Caller**



# The Crossover

KWAME ALEXANDER (12+)



12-year-old Josh and his twin Jordan have basketball in their blood. They're kings of the court, star players for their school team. Their father used to be a champion player and they each want nothing more than to follow in his

Both on and off the court, there is conflict and hardship which will test Josh's bond with his brother.

### The Summer We Turned Green WILLIAM SUTCLIFFE (12+)

It's the summer holidays, and thirteen-year-old Luke's life has been turned upside down. First his older sister Rose moved 'across the road', where a community of climate rebels is protesting the planned airport expansion. Then his dad followed her. Dad only went to get Rose back, but now he's out there building totem



poles, wearing sandals and drinking mead (whatever that is) with the best of them.

# Only on the Weekends



# **Glorious Poison**



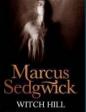
Shorter reads:

# Ultimate Football Heroes - Henderson



### Witch Hill MARCUS SEDGWICK





A deadly nightmare wakens a sinister past

# Non-fiction texts:

### Contender: The Chosen TARUN MATHARU £7.99 9781444938944



### Splinters of Sunshine PATRICE LAWRENCE £7.99 9781444954777

After a fun Christmas Eve decorating the tree and singing along with his mum to Queen, fifteen-year-old Spey wakes up on Christmas morning to find the ex-prisoner father he's never met asleep on the sofa. On a road trip like no other, can Spey and

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100 Things to Know

About Music



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OF

THE ULTIMATE BATTLE FOR SURVIVAL IS ABOUT TO BEGIN .

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CONTENDER

THE CHOSEN

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### Lore

ALEXANDRA BRACKEN £8.99 9781786541529

### A lifetime ago, Lore Perseous left behind the prutal, opulent world of he Agon families - ancier

Greek bloodlines that participate in a merciless game every seven years. A game that is about to begin





Which tunes could save a life, and which should come with a health warning? How do talking drums tell the history of Africa? What happens in your brain when you listen to music? Find the answers to these questions and more in this exciting book exploring all corners of the diverse world o music. The Story of Inventions



From toilets, bread and blue jeans to aeroplanes, microwaves and computers, this title explains how, when and why the ingenious inventions that surround us were created. The development of one invention is detailed over each double page, revealing the real-life stories behind each creation, as well as how they have been influenced by other discoveries over the ages. Humorous illustrations by Adam Larkum show how the inventions work.



### **Psychology for Beginners** various authors

Fully-illustrated and filled with real-world examples, this book explains the basics of psychology, from how people think, feel and behave to how scientists can study and be sure about what is actually going on in other people's brains.

### Climate Crisis for Beginners various authors

The climate crisis is real. Climatechange is having an enormous impact on the world around us. This book uses simple language and vivid illustrations to explain complex questions clearly. How does the climate work? What are we doing to change it? What can we do differently to avoid the worst outcomes? Why do we all find change so hard? The climate crisis is a troubling and sensitive topic, especially for children, so the book includes vital tips on how to set realistic goals and not get overwhelmed by bad news.



# Other suggestions:

Exploring a wide variety of experiences and activities helps to introduce your child to knowledge and interests they may not otherwise have acquired. You may already have lots of ideas for getting out and about over the summer, but we have also collated a few ideas to start you off below. These may spark an interest in something your child may then want to read about, either through a story book or through non-fiction texts.

- Explore the National History Museum through a virtual tour: <u>https://www.nhm.ac.uk/visit/virtual-</u> <u>museum.html</u>
- In this ten-part podcast series, the most frequently asked questions about Shakespeare's life are explored: <u>https://www.shakespeare.org.uk/explore-shakespeare/podcasts/lets-talk-shakespeare/</u>
- Watch this video by the puppeteers behind Joey, the horse from the stage production of War Horse:

https://www.ted.com/talks/handspring puppet co the genius puppetry behind war horse?re ferrer=playlist-talks to watch with kids&language=en

 Watch this interview event with Tim Peake, focusing on his experience in space: <u>https://www.youtube.com/watch?v=ekQtOdz2\_G4</u>

- Explore the use of colour and shape in art on the Tate website. As you read, carefully view the artworks presented and consider the questions: <u>https://www.tate.org.uk/art/teaching-resource/colour-and-shape</u>
- National Geographic for kids have a range of articles about geography, science and history for you to explore: <u>https://www.natgeokids.com/uk/category/discover/geography/</u>
- Read about the history of Stonehenge, possibly the world's most famous prehistoric site: <u>https://www.english-heritage.org.uk/visit/places/stonehenge/history-and-stories/</u>
- Explore the English Timeline on the British Library website: <u>https://www.bl.uk/englishtimeline</u>