

*Let's run & have fun  
while raising money for good causes!*



Friday  
14  
July

@Seaford Head School



# What is the Seaford Head Colour Dash?

- The Seaford Head Colour Dash is a fun run around the Steyne Site field.
- Walk, jog or run your way around the route and complete as many laps as you can whilst making yourself as colourful as you can.
- The Colour Dash is a fun way to help raise money for our chosen local charity “WOLO Foundation”







## HELPING FAMILIES AFFECTED BY CANCER IN SUSSEX.

Wolo Foundation supports families living in Sussex through their cancer journeys. They support families with children under 16, by offering practical help and support to make their day-to-day lives easier. They work with local businesses and communities to offer families a wealth of services to support them through their diagnosis, treatment and beyond.

Statistics show that 1 in 2 people in the UK born after 1960 will be diagnosed with cancer in their lifetime. Life is precious - we need to make the most of it - we only live once - Wolo!





# Need to know.


- Don't wear any expensive clothing. We recommend that you wear old, white/light coloured clothing to show the colour powder more vibrantly.
- The coloured powder is safe, non-toxic and non flammable. The powder will not stain if used appropriately. Water will cause the powder to be turned into paint, which if combined may stain clothes. Therefore, anyone seen throwing water will be removed from the run.
- The colour powder is made from corn starch, dyed with food colouring and allergen free.



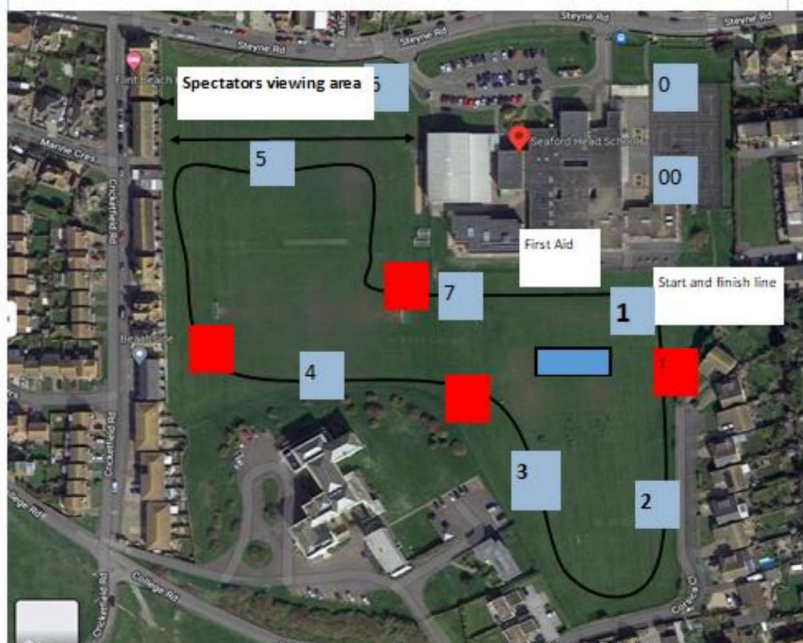
Route 1: Students will walk or run around the field in a one way system. There will be a first aid point near the start and finish, with first aiders placed along the edge of the route.

 Colour Station

Marshall point 6—monitor parents/carers/ community watching the colour Dash. 4 people?

 Marshal Points

Students will exit via gate (point 1)



Year 9/10/11

Year 7/8/ S6H Y12

Lunch-12:05-12:35

Lunch 13:15-13:50

Register in tutor groups and walk down to SS with tutor to re-register at SS. Enter the school via the gate to playground and exit onto field (point 1). Students will line up in tutor groups at the meeting point between points 1-3-7 where they will leave bags/ belongings before starting 'The Colour Dash' Tutor to re-register.

Register in tutor groups and walk out to the field with tutor via the side entrance (point 7). Students will line up in tutor groups at the meeting point between points 1-3-7 where they will leave bags/ belongings before starting 'The Colour Dash'.

Colour Dash 13:00-13:45

Colour Dash 14:00-14.45

Once finished, students will return to the meeting point between points 1-3-7 (where bags are left) and line up in their tutor groups. Students will be signed out and dismissed, via the start and finish gate through the playground to exit. There will be a tuck shop where students can purchase refreshments at the exit. NB – This will only be open at the end of the event.

Once finished, students will return to the meeting point between points 1-3-7 (where bags are left) and line up in their tutor groups. Students will be signed out and dismissed, via the start and finish gate through the playground to exit. There will be a tuck shop where students can purchase refreshments at the exit. NB – This will only be open at the end of the event.



All students will be expected to have lots of fun but ensure that they take part in a safe manner. Any students who are unable to do this will be removed from the event.

Letter's will be sent home this week informing Parents/Carers of the event.

If you do not want to take part in this event your parent/ carer will need to complete parent pay to let the school know.

Students who are not taking part will be supervised in a classroom activity during the event.