



The My Health, My School Survey 2022-23

Dear Parent/Carer,

We are writing to inform you that your child's year group will be completing the **My Health, My School Survey**, a survey created, developed and managed by the Health & Wellbeing Service (Leeds City Council). In East Sussex, the School Health Service has provided free access to the survey for all schools across the County. The survey asks children and young people questions about their health and wellbeing and about their school/education setting, in order to gather their honest views and opinions on these significant topics. This data can then be used to target specific interventions to improve areas of life for these children and young people. It can also be used to highlight where they are performing well.

The survey will be completed by pupils/students in class on individual computers and they will be supported by a member of school staff who can answer any questions they may have.

As the survey is **confidential and anonymous**, this means your child **will not be asked** to give their name, date of birth or address at any stage during the survey. This also means that it **will not be** possible for anybody, including any member of the school, Leeds City Council, the East Sussex School Health Service or East Sussex County Council to know which child gave any of the information.

How will the results be used?

Individual school results can be used by the school (schools will only have access to their own data), Leeds City Council and more locally by the East Sussex School Health Service and East Sussex County Council. In addition, the survey may also be shared with organisations, such as the University of Leeds and Leeds Beckett University for research purposes. Local authority wide data (an average of all schools in a particular local authority) may also be shared between these organisations, which does not link any individual school to the data.

Will my child's survey results be secure?

We will comply fully with all data protection legislation. This means we will keep your child's data safe and secure, now and in the future.

The East Sussex School Health Service can support your child with their health needs between the ages of 4 and 19yrs. If you need help, support or advice on a wide range of health and wellbeing issues, including emotional health and wellbeing, sleep, healthy lifestyles, substance misuse, relationships and sexual health please contact them on:

School Health One Point- 0300 123 4062 or kentchft.esschoolhealthservice@nhs.net

If you **do not** want your child to take part in this survey then please complete the slip at the end of this letter and return it to school by **30th June 2023**. **Please note that from Year 9 upwards, students can make their own decisions about consent.**

If you have any further questions about the survey please email health@seafordhead.org or visit <https://www.myhealthmyschoolsurvey.org.uk/pages/parents>

Yours faithfully,

Mr Sam Whittaker
Assistant Headteacher- Seaford Head School



Name of school: _____

Name of child: _____

I do not wish for my child to be included in the My Health, My School Survey for 2022-23.

Name and signature of parent: _____