



April 2023

Dear Parent/Carer,

Following my communication in September about PSHE and the outline curriculum I am writing to inform you that all students in Year 8 will be taking part in a Theatre in Education session as part of a county wide project.

The Local Authority have commissioned Applied Theatre specialist, Solomon Theatre Company, to tour all secondary schools and other suitable venues in East Sussex with their highly acclaimed production 'Timeout'. This performance is also accompanied by a bespoke set of lessons that Seaford Head School has led on the development of for all secondary schools in the county.

The performance will be hosted at Seaford Head School on Friday 12<sup>th</sup> May during Period 5 to all Year 8 students. Students will be walked to the Arundel Road site after lunch by their teachers for the performance, and be **dismissed from Arundel Road at the end of the school day.**

The play supports raising awareness and education around healthy lifestyles, substances, smoking and vaping. With high profile cases around the country currently making the news on a regular basis, it is all of our duties to raise awareness of this subject. Councils, charities, support agencies, schools, parents and carers all need to engage with and acknowledge this issue in order to give young people the tools and knowledge that they need to keep themselves and their friends safe.

The production and accompanying lessons will look at the following areas:

- Drug and alcohol use
- Peer Pressure
- Mental Health
- Home and family life

These are highly sensitive subjects and every care has been taken to ensure that the production and lessons are relevant without being personal, graphic or offensive. The issues are raised and discussed in a manner entirely relevant and suitable for the target age group. During Term 5 all students will be engaged in PSHE lessons that will specifically support the issues raised in the performance. These lessons form part of our PSHE offer which operates as a 5-year spiral curriculum from Year 7 to 11. Further information regarding PSHE can be found on our website <https://www.seafordhead.org/pshe-well-being>.

These education experiences form part of the school's PSHE programme where every Year 7-11 student will receive Relationships, Sex and Health education (RSHE) lessons. Age appropriate materials have been developed in line with the government endorsed PSHE Association curriculum and in line with new statutory guidance that came into effect in September 2020. Information

## Seaford Learning Trust

Mr R Ellis, Headteacher

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regarding RSHE can be found on our website, in our new RSHE policy and the new guidance can be found on the [government website](#).

At Seaford Head School, we recognise the importance of high quality RSHE which supports young people to lead safe and healthy lives into adulthood. RSHE is an entitlement for all young people. We believe that its delivery should be inclusive, taking into account young people's age, gender, learning needs, health, culture, family circumstances and sexuality. RSHE at Seaford Head School will seek to enable young people to gain information and explore attitudes and values.

We firmly believe that RSHE is most effective when provided in a wider context of safety, social and emotional development. Our approach is part of a wider whole-school ethos to supporting pupils to be safe, happy and prepared for life beyond school. For example, the curriculum on RSHE complements, and is supported by, the school's wider policies on behaviour, inclusion, respect for equality and diversity, bullying and safeguarding. The curriculum and wider policies are part of a broader ethos and approach to supporting the development of all students socially, morally, spiritually and culturally.

All of the work delivered in PSHE lessons will be enhanced by the ongoing social and emotional education that is embedded across our curriculum and through our pastoral support system. We have a tiered approach to support young people, making sure we can give support at the right level. For targeted and enhanced support, students are usually referred by year group teams, but students as well as parents and carers can also email [health@seafordhead.org](mailto:health@seafordhead.org) to get support for their child. If you are concerned about the wellbeing of your child around the issues mentioned in this letter or any other health and wellbeing aspects, please don't hesitate to get in contact with the school, initially via the year group teams.

If you have any questions about PSHE, health or student Wellbeing at Seaford Head School please visit our website for more information, contact your child's Director of Learning or myself using the details below.

Yours faithfully



**Mr Sam Whittaker**

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