



March 2023

Dear Parents and Carers

YEAR 10 CHILD DEVELOPMENT

UNIT R058- (Topic area 3: Nutritional needs of children aged from birth to five years.)
TASK 4: Plan, prepare and evaluate a feed or meal.

As part of the Cambridge National Child Development qualification, students have to complete various coursework component tasks, which, in total, are worth 60% of their overall grade. Unit R058 Task 4 requires students to:

Task 4 – Plan, prepare and evaluate a feed or your meal choice.

You've been asked to plan and prepare a feed or your meal **from Task 3**.

You must:

- Make a bottle feed suitable for a baby aged 0–6 months.

Or

- Make your two-course meal choice **from Task 3**.
Your teacher will need to observe you when you make the feed or meal.

You must:

- **Produce a plan** for preparing your feed or meal to include:
 - equipment
 - ingredients and quantities
 - safety
 - hygiene.
- **Make the feed or meal** following safety and hygiene practices.
- Ask your teacher to complete a Teacher Observation Record when observing you make the feed or meal.
- Use annotated photos or a video to show step-by-step how you made the feed or meal and followed safety and hygiene practices.

After you have made the feed or meal. You must:

- **Evaluate** your own performance.

You should consider:

- strengths and weaknesses of your planning and preparation
- suggestions for improvements or changes

Total marks for Task 4: 18 marks

Seaford Learning Trust

Mr R Ellis, Headteacher

Arundel Road, Seaford, East Sussex, BN25 4LX
01323 891623 / reception@seafordhead.org / www.seafordhead.org

Seaford Learning Trust is an exempt charity and a company limited by guarantee. Registered in England and Wales Company No. 8122579

Follow us on Social Media:



Facebook - SeafordHeadSchool



Twitter - @Seaford_Head



The class will be completing their 'R058 Task 4 Practical assessment' on:

Friday 24th March during P1 and P2

Students have been informed of this date and should be prepared. Please discuss this practical assessment with your child to help with the planning and preparation.

The task will need to be planned to include: what the practical involves, how long it will take to make and what ingredients/equipment will be needed. (If they are going to make up a feed, they will need to bring a bottle, suitable sterilising equipment and formula milk powder. If they are making the meal choice from Task 3, they will need to bring the ingredients for this).

I hope you find this information useful and would like to thank you for your continuing support. Please contact me if you have any further questions, amandausher@sefaordheadschoo.org.

Yours sincerely

Amanda Usher

Mrs Usher
(Head of Child Development)