

February 2023

Dear Parent and Carers and Students in Y11, Y12 and Y13,

Exam #NeuroNinja Support for You and Your Child March to June

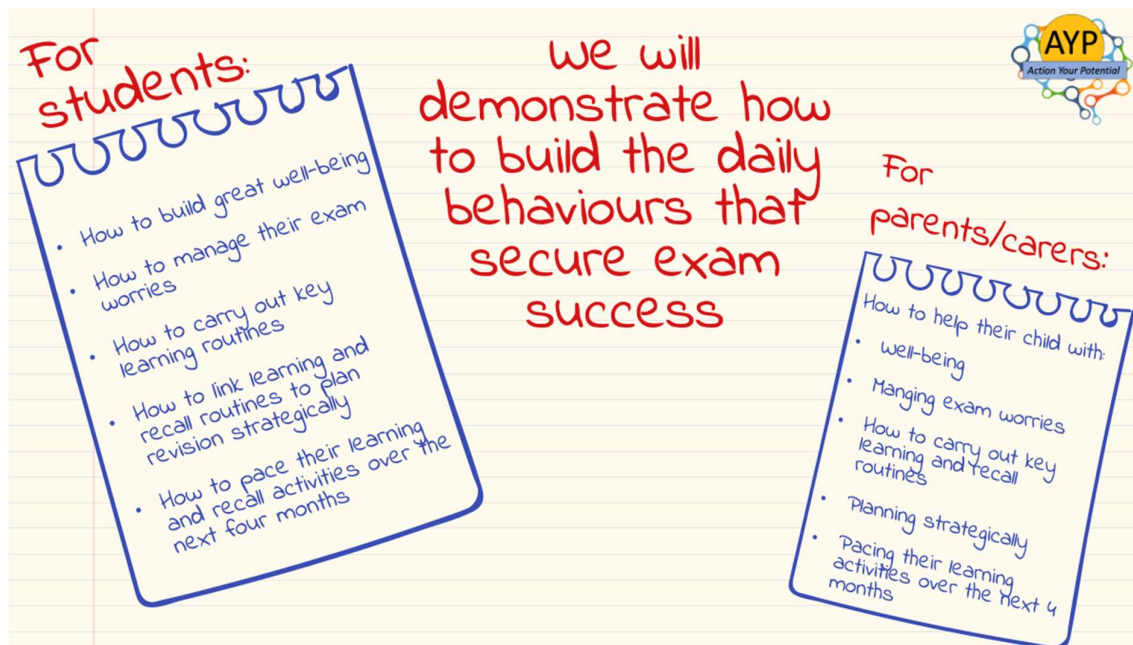
We're always looking for ways to support our wonderful children and parent, carer community. As you will know all of our students have received support from [Action Your Potential](#) to learn about their amazing brains.

We're very excited to be working with Action Your Potential to offer all of our Y11, Y12 and Y13 students and parents and carers unique support throughout this exam season.

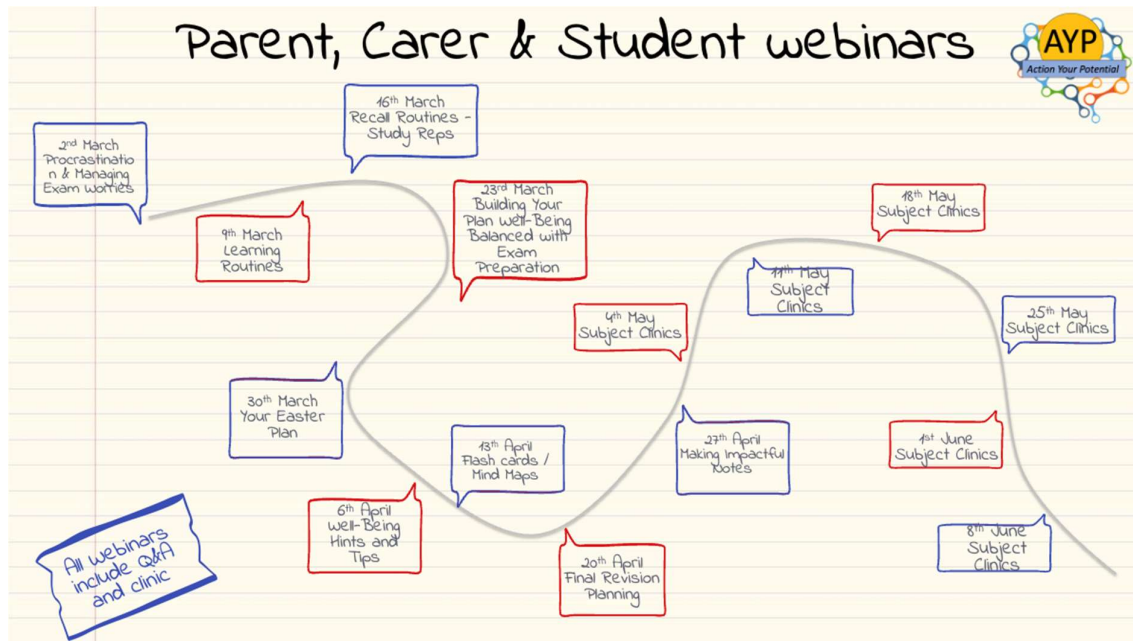
Exam #NeuroNinja webinars take place every Thursday from the 2nd March through to 8th June, and they are focused on supporting you and your child to build the daily behaviours to support excellent achievement in GCSEs, A Levels and BTECs.

Dates and details are below, [you can also find them at this link](#). Exam #NeuroNinja is a game changer for you and your child. Every Thursday at 8pm Andrew from AYP and colleagues will present powerful daily strategies to manage revision, well-being, learning and manage worries. At the end of each 20 min session there will be time for parents and carers and students to ask questions.

Here's Andrew explaining what [Exam #NeuroNinja is all about](#).



The sessions will run at the same time each week, all the way through the Easter holidays too and beyond. Details are here:



A poster about the session [is here](#) and also included in this mail out.

To sign up to these webinars please [click on this link](#). We will send you a link to the webinar once you have registered via this Google Form. AYP takes your privacy seriously and won't use this information for anything other than informing you about this course and sharing support resources. [Our GDPR policy is here](#).

Action Your Potential

To find out more about the #NeuroNinja programme and Action Your Potential visit their website – www.actionyourpotential.org. To get a flavour of the sort of content we deliver here is one of our [latest videos made for World Mental Health Day](#).

This session is open to any parent or carer at the school, but there is a focus on Y11, Y12 and Y13 parents, carers and students.

Don't forget that you can sign up to the [#NeuroNinja Learning Hub here](#).

Yours sincerely

Andrew, Angela, Darren, Hannah, Ian and Jess
Action Your Potential