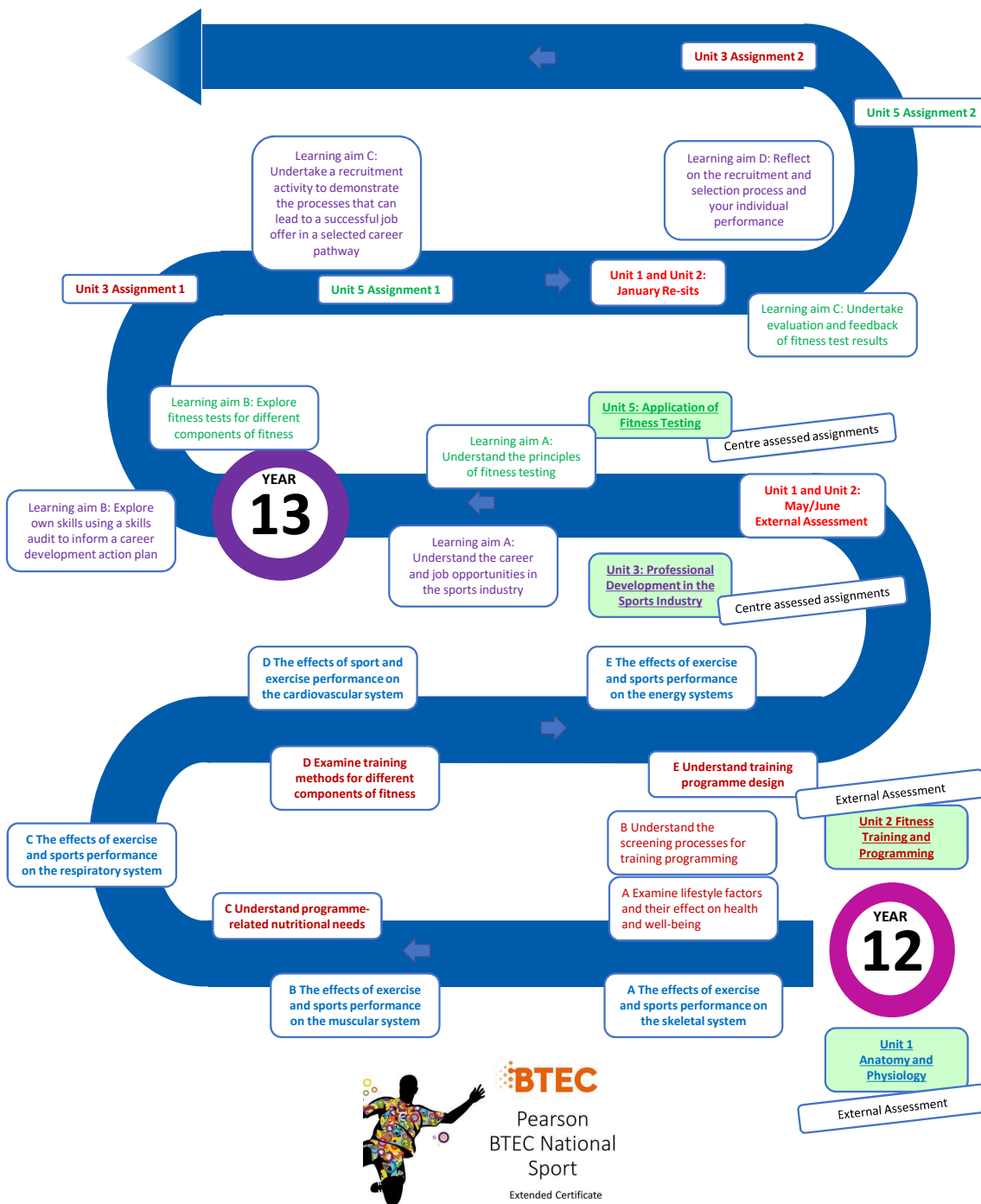


BTEC National in Sport Extended Certificate Road Map



Pearson BTEC Level 3 National Extended Certificate in Sport				
Unit number	Unit title	GLH	Type	How assessed
Mandatory units – learners complete and achieve all units				
1	Anatomy and Physiology	120	Mandatory	External
2	Fitness Training and Programming for Health, Sport and Well-being	120	Mandatory and Synoptic	External
3	Professional Development in the Sports Industry	60	Mandatory	Internal
Optional units – learners complete 1 unit				
4	Sports Leadership	60	Optional	Internal
5	Application of Fitness Testing	60	Optional	Internal
6	Sports Psychology	60	Optional	Internal
7	Practical Sports Performance	60	Optional	Internal

Unit	Type	Availability
Unit 1: Anatomy and Physiology	<ul style="list-style-type: none"> Written examination set and marked by Pearson. 1.5 hours. 80 marks. 	Jan and May/June First assessment May/June
Unit 2: Fitness Training and Programming for Health, Sport and Well-being	<ul style="list-style-type: none"> A task set and marked by Pearson and completed under supervised conditions. In Part A, learners will be given a case study one week before a supervised assessment period in order to carry out preparation. In Part B, the supervised assessment period is 2.5 hours as timetabled by Pearson. Written submission. 60 marks. 	Dec/Jan and May/June First assessment May/June