

	<u>Term 1</u>	<u>Term 2</u>	<u>Term 3</u>	<u>Term 4</u>	<u>Term 5</u>	<u>Term 6</u>
<b>SMSC Theme</b>	<u>Promoting Tolerance</u> Black History Month International Day of Peace Dyslexia Awareness Day	<u>Promoting Kindness</u> Anti-Bullying Week World Kindness Day	<u>Promoting Understanding</u> LGBT+ History Month Martin Luther King Day Holocaust Memorial Day	<u>Promoting Healthy Minds</u> Mental Health Random Acts of Kindness Stress Awareness Month	<u>Promoting Culture</u> Refugee Week Ramadan St Georges Day World Meditation Day World Cultural diversity	<u>Promoting Health</u> Healthy Eating Week Diabetes Awareness Week British Heart Week Men's Health Week Cervical Screening Week
<b>Year 7 Lessons</b> 2 lessons per fortnight	<u>Emotional Wellbeing</u> Smart Moves 2	<u>Character Development</u> Positive Relationships Communication Friendships Peer Pressure Bullying Cyberbullying	<u>Substances</u> Diversity & Stereotypes Pressure & Risk Alcohol Smoking Medication	<u>RSHE</u> The Body Puberty Different Relationships Healthy Relationships HPV Family	<u>Citizenship</u> British Values Rule of Law Consequences Human Rights Global Citizenship	<u>Healthy Self</u> Health Exercise Food & Nutrition Healthy Eating Dental Hygiene First Aid/CPR (new TT)
<b>Year 8 Lessons</b> 2 lessons per fortnight	<u>Healthy Self</u> Media Safe Online Safety Cyberbullying Online Stress Mental Health Smart Moves 3	<u>Equality</u> Multi Culture Identity Gender Stereotypes Prejudice & Discrimination Equality	<u>Careers</u> Step Up Pathways Futures GCSE choices	<u>RSHE</u> Growing Self Romantic Relationships Sexual Relationships Marriage & The Law FGM Sexting & Support	<u>Citizenship</u> Justice & Law Career Values Migration Local Citizenship	<u>Substances</u> Alcohol Smoking The Law (new TT)
<b>Year 9 Lessons</b> 1 lesson per fortnight	<u>Emotional Wellbeing</u> Challenge & Reframing Unhealthy Coping Promoting wellbeing	<u>Equality &amp; Diversity</u> Gender & Identity Gender Equality LGBTQ+ & HBT	<u>Substances</u> Smoking & Alcohol Cannabis Drugs and The Law	<u>RSHE</u> Body Image Relationships Harmful Sexual Behaviours	<u>RSHE</u> Consent Sexting Pornography	<u>Citizenship</u> Democracy  National Citizenship (new TT)
<b>Year 10 Lessons</b> 1 lesson per fortnight	<u>Emotional Wellbeing</u> Mental Health	<u>Staying Safe</u> County Lines Knife Crime & Gangs	<u>Substances</u> Legal Substances & Risk Illegal Substances & Risk 'Legal Highs' & Risk	<u>RSHE</u> Consent STIs Contraception	<u>Equality</u> Racism Faith & Hate Crime	<u>Careers</u> Step Up Futures  <u>Equality (In Ethics)</u> Extremism & Radicalisation
<b>Year 11 Lessons</b> 1 lesson per fortnight	<u>Emotional Wellbeing</u> Dealing with stress Managing Change	<u>Skills for Life</u> Money for Life Gambling & Addiction	<u>Substances</u> 'Party' Drugs Resilience & Keeping Safe	<u>Relationships &amp; Sex Education</u> C Card Exploitation & Consent	<u>Emotional Wellbeing Exams</u> Resilience Transition & Endings	
<b>EXTERNAL</b>	<i>Elevate (Year 11)</i>	<i>County Lines (Year 10)</i> <i>Elevate (Year 7)</i>		<i>Harmful Sexual Behaviours (Year 9)</i>		

Evolve students will receive Pre and/or post teaching around complex RHSE issues to support knowledge and understanding.

