# OUR REVISED SPRING/SUMMER 22 Menn

Providing students with great tasting, nourishing meals that they're going to love and enjoy is our priority to ensure students grow healthy and strong with a positive relationship with food.

### **OUR REVISED SPRING/SUMMER '22 MENU**

We have listened to the feedback we have received from pupils and parents and you, our partners, to revise our menu. Take a look below at the changes we have made.

- Added wraps to the lunch menu to increase the range of grab and go providing students with a light, on-the-go lunch option
- Included brown sandwiches to the grab and go offer to provide students with an even more nutritious offer
- Added rice bowls to the menu to provide an alternative hot grab and go option
- Introduced pop-ups such as Wings and Things and Bur-Eat-O

# **SUPPORTING** STUDENTS TO LEAD

# Healthier Lives

Providing students with delicious, nourishing meals that will fuel them for their day of learning is our priority whilst also supporting them to develop a healthy relationship with food to support their onward development. We know that for some students, their school lunch may be their only hot meal that day and so our team of Nutritionists ensure that all of our delicious meals are packed with the nutrients pupils need to grow healthy and happy.

# OUR COMMITMENTS

To ensure we provide delicious, nutritious meals every day, our team of Nutritionists review our menus to ensure that:

- · They are fully compliant to the School Food Standards
- All ingredients are checked for compliance to ensure they meet government salt and sugar targets with no unwanted additives or allergens
- All recipes are checked to ensure they contain the right portions of key nutrients
- All menus provide a good balance of the main food groups



# IT'S UP TO YOU

By following an approved Chartwells food offer, we can reassure you, our parents and students that we are serving a balanced and nutritious food offer that will provide studens with everything they need to excel in the classroom.

## **ALL CHARTWELLS SCHOOL MEALS ARE...**







