

**EVEN 95%
ATTENDANCE
IS NOT
GOOD ENOUGH**

Good reasons for missing school? There aren't any.

With the exception of serious illness, there are very few good reasons to miss school. Any absence will need to be authorised by your school's head teacher.

Holidays

Schools will not authorise absence for holidays. Parents can expect to receive a penalty notice – £60 per child per parent.

Appointments

Help your child by making appointments (doctor, dentist, optician) after school hours.

Feeling unwell

If your child is suffering a cold or headache or other minor illness, send them to school. Learning to carry on when feeling off colour will help them to become more resilient.

Feeling tired

If a child is tired they are still capable of going to school. Getting into a good bedtime routine without electronic devices will help.

Reluctance

If your child is reluctant to attend:

- speak to your child, it's important that your child understands that going to school every day isn't optional
- speak to the school – they may be able to help
- see tips and guidance at eastsussex.gov.uk/getagrip
- in some instances, a child could be referred to the East Sussex Behaviour and Attendance Service

GET A



**Most parents do.
No excuse for missing school**

eastsussex.gov.uk/getagrip

100% ATTENDANCE? WHY SETTLE FOR ANYTHING LESS?

What happens when a child misses a day at school?

They miss vital hours of learning and struggle to catch up. Evidence shows that this will have a serious impact on their performance in exams.

And, it impacts on other children too.

A teacher who is having to spend time helping others to catch up will spend less time teaching the whole class. This has a serious effect on everyone in the class.

However, it's not too late to change.

| Attendance | Days absent | Weeks absent | Lessons missed |
|---|-------------|--------------|----------------|
| 95% | 9 DAYS | 2 WEEKS | 45 LESSONS |
| 3 in 10 pupils will leave without five good GCSE passes | | | |
| 90% | 19 DAYS | 4 WEEKS | 95 LESSONS |
| 5 in 10 pupils will leave without five good GCSE passes | | | |
| 85% | 29 DAYS | 6 WEEKS | 145 LESSONS |
| 6 in 10 pupils will leave without five good GCSE passes | | | |

REGULARLY MISS 5% OF SCHOOL AND YOUR CHILD WON'T PASS ALL THEIR EXAMS

Regular poor attendance harms
your child's education and life chances