



**C**haracter **C**ulture



**SMSC**  
SOCIAL • MORAL • SPIRITUAL • CULTURAL

 <b>SPIRITUAL DEVELOPMENT</b> WE HAVE RESPECT FOR OTHERS AND THEIR FEELINGS.	 <b>MORAL DEVELOPMENT</b> WE RECOGNISE THE DIFFERENCE BETWEEN RIGHT AND WRONG.	 <b>SOCIAL DEVELOPMENT</b> WE ALWAYS COOPERATE AND RESOLVE CONFLICTS PEACEFULLY.	 <b>CULTURAL DEVELOPMENT</b> WE ACCEPT, RESPECT AND CELEBRATE DIVERSITY.
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2024

PRIDE MONTH



## World Refugee Week

“To me, a home is where you feel loved, safe, and cherished.” – Malala Yousafzai

The theme for Refugee Week 2024 is “Our Home”. From the places we gather to share meals to our collective home, planet earth; everyone is invited to celebrate what Our Home means to them.

Home can be a place of refuge, a feeling or a state of mind. It can be found in smells, tastes and sounds. From the clothes we wear to the words we grew up with. It's in food, music and arts. It's in our cultures and in our landscapes.

Home can be more than one place and finding it can be a journey, as it is for so many of us who have to leave our countries and rebuild our lives. Sometimes we can find home in a single person. Other times it's in a whole community. And often, it's in a single gesture of care and welcome



**#RefugeeWeek**



## World Refugee Day

Each year on 20 June, the world celebrates World Refugee Day, the international day to honour people who have been forced to flee.

Together, we can champion their right to seek safety, build support for their economic and social inclusion, and advocate for solutions to their plight.





Following the losses of World War II, Britain was in dire need of laborers. This prompted a campaign to entice people from the countries of the British Empire and Commonwealth to immigrate to the UK.

On 22 June 1948, the ship HMT Empire Windrush landed at Tilbury Docks, just east of London, bringing with it the first immigrants from the Caribbean. The ship's name inspired the term, the Windrush Generation, to denote the large-scale influx of Caribbean immigrants during the years that followed.



While the Windrush Generation and their descendants are today honored for their immense contributions to British society following the trauma of the Second World War, the first Afro-Caribbean immigrants were met with extreme intolerance from large parts of the population. Having initially been encouraged to settle in the UK and take up employment to relieve the labor market by the authorities, many early immigrants were denied access to private employment and accommodation on account of their skin color. Black people were also banished from many pubs, clubs, and even churches

## RELIGIOUS FESTIVALS

☾ 17\* June (Monday) EID-UL-ADHA (The Festival of Sacrifice (10<sup>th</sup> Dhul-Hijjah) Muslim

21 June (Monday) WORLD HUMANIST DAY International

Find out more about these festivals visit our website here : <https://seafordhead.org/our-education/pshe-wellbeing/>



**WORLD HUMANIST DAY** : This Humanist holiday is celebrated annually around the world on the June solstice. It is seen as a time for Humanists to gather socially to promote the positive values of Humanism. Methods of celebration are left to individuals, but some groups develop intricate social rituals, music and proceedings which highlight the celebration.



**EID-UL-ADHA (The Festival of Sacrifice)** : This major festival (al-Eid al-Kabir) commemorates Ibrahim's (Abraham's) willingness to sacrifice his son, Ismail. Muslims all over the world sacrifice an animal if they can afford it. Much of the meat is distributed to the poor, and some is shared with relatives and friends.

## RELIGIOUS FESTIVALS

- ☯ 10 June (Monday) DUANWUJIE/TUAN YANG CHIEH (Dragon Boat Festival) Chinese
- ☆ 12-13 June (Wednesday-Thursday) SHAVUOT (The Feast of Weeks) Jewish
- ☾★ 15\* June (Saturday) HAJJ (Pilgrimage to Makkah) BEGINS (8<sup>th</sup> Dhul-Hijjah) Muslim
- ☾★ 16\* June (Sunday) YAUM-ARAFAH (The Day of Arafat) (9<sup>th</sup> Dhul-Hijjah) Muslim
- ☪ 16 June (Sunday) MARTYRDOM OF GURU ARJAN DEV (1606) Sikh
- ✝ 7 June (Friday) SOLEMNITY OF THE MOST SACRED HEART OF JESUS Christian (Roman Catholic)

Find out more about these festivals visit our website here : <https://seafordhead.org/our-education/pshe-wellbeing/>



**MARTYRDOM OF GURU ARJAN DEV (1606)** : The fifth Guru was executed on the orders of Moghul Emperor, Jehangir, for refusing to pay a fine arising from a charge of treason. Guru Arjan made the first compilation of the Sikh Scriptures, called the *Adi Granth*, and supervised the completion of what is now the Golden Temple in Amritsar. A *gurpurb* was held on this day, including an *okhand path*.

**YAUM-ARAFAH (The Day of Arafat) (9<sup>th</sup> Dhul-Hijjah)** : Muslims who are on Hajj spend the day in prayer on Mount Arafat to commemorate the end of the revelation of the Qur'an to the Prophet. Those not on Hajj are also expected to pray and to fast.





World Refugee Day is a reminder  
that there is no 'us' and 'them.'  
There is only us, one human family,  
connected in ways we sometimes  
forget.

— *Ann Curry* —

AZ QUOTES







Any member of staff in the school will help support you if you need it.

The people shown below have specific training and skills to support young people around feelings and wellbeing.



Class teacher  
Student Services  
Director of Learning  
Any member of staff



**Sam Whittaker**  
Assistant Headteacher



**Mrs K**  
MHFA Instructor



**Mollie**  
Therapeutic Practitioner



**Sian**  
Therapeutic Practitioner



**Beth**  
Engagement & Therapeutic Practitioner



**Julia**  
SEMH Inclusion Practitioner



Miss Gallagher  
Miss Phillips  
Mrs Mason  
Miss Fleming  
Mrs Moloney

Ms Ackroyd  
Miss Adamson  
Mr Ashdown  
Miss Bromley  
Miss Britton

Mrs Callard  
Mrs Davis  
Mr Gant  
Miss Harris  
Mrs Kent

Ms Kyprianou  
Ms Maberley  
Mrs Martin  
Mr McLaren  
Mrs Merry

Mrs Merry  
Miss Napier  
Miss Novitt  
Mr O'Kane  
Mr Osborne

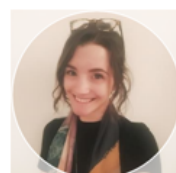
Mrs Pastor  
Miss Ralph  
Mr Thomas  
Miss Wells



**Tara**  
Counsellor



**Laura**  
Counsellor



**Jennie**  
Senior Mental Health Practitioner



**Jane**  
Clinical Psychologist



**Katy**  
Children's Wellbeing Practitioner



**Sophie**  
Children's Wellbeing Practitioner



Confidentially email:-

[health@seafordhead.org](mailto:health@seafordhead.org) or  
[safeguarding@seafordhead.org](mailto:safeguarding@seafordhead.org)



# The Safeguarding Team



Mr B Ellis  
Headteacher



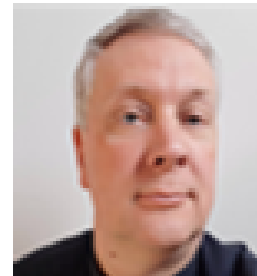
Dr I Wallace  
DSL



Ms L K  
Safeguarding Manager &  
Deputy DSL



Mr S Whittaker  
Deputy DSL

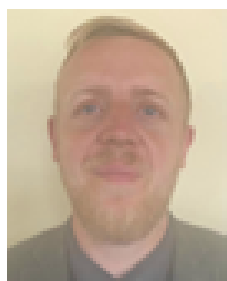


Rev J Hollingsworth  
Governor for Safeguarding

## Deputy DSLs



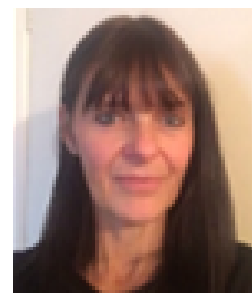
Ms S Alvarez  
Assistant Headteacher



Mr J Pratt  
Assistant Headteacher



Mr E Southern  
Assistant Headteacher



Mrs J Owen  
Educational Welfare Officer



Miss L Ralph  
Asst Head of Year



Ms E Gallagher  
Asst Head of Year



Mrs E Fleming  
Asst Head of Year



Miss E Phillips  
Asst Head of Year



Mrs S Moloney  
Asst Head of Year



Mrs T Mason  
Asst Head of Year



**TALK TO US**  
If things are getting to you

116 123 FREE  
This number is FREE to call round the clock

jo@samaritans.org  
samaritans.org

**SAMARITANS**

Text your school nurse  
07507 332473

Available Monday to Friday, 9am to 5pm for young people (11 to 19) and parents or carers

It is confidential, private and here for you

East Sussex School Health

www.eastsussexchildren.nhs.uk

# Switchboard

Connecting you to LGBTQ support

7-9:30 pm  
Helpline  
01273 204050  
Monday, Wednesday, Thursday

Our helpline, open 7-9:30 pm Mondays, Wednesdays, and Thursdays, provides you with support and information and will connect you to the right LGBTQ services or advice.

# allsorts

youth@allsortsyouth.org.uk

**AnxietyUK**  
03444 775 774  
www.anxietyuk.org.uk

**SAMARITANS**  
116 123  
www.samaritans.org

**mind**  
0300 123 3393  
www.mind.org.uk

**PAPYRUS**  
0800 068 41 41  
www.papyrus-uk.org

**ChildLine**  
0800 1111  
www.childline.org.uk

**Refuge**  
0808 2000 247  
www.refuge.org.uk

**YOUNG MINDS**  
TEXT YM to 85258  
www.youngminds.org.uk

**Switchboard**  
LGBT+ helpline  
0300 330 0630  
www.switchboard.lgbt

**shout**  
85258  
here for you 24/7  
TEXT SHOUT to 85258  
www.giveusashout.org

**CAMPAIGN AGAINST LIVING MISERABLY CALM**  
0800 58 58 58  
www.thecalmzone.net

**Beat**  
Eating disorders  
0808 801 0677  
www.beateatingdisorders.org.uk

**AA**  
UNITY SERVICE RECOVERY  
0800 9177 650  
www.alcoholics-anonymous.org.uk

**i-ROCK**  
I-ROCK  
14-25 in East Sussex and need to talk ?

Email:- [irockeastsussex@spft.nhs.uk](mailto:irockeastsussex@spft.nhs.uk) to book a face to face appointment.

You can also chat with us in our virtual drop in service by video call, audio call or text chat, we are online waiting to chat every weekday between 11am and 6pm

# Internet Safety

# S

## Stay Safe

Don't give out your personal information to people / places you don't know.



# M

## Don't Meet Up

Meeting someone you have only been in touch with online can be dangerous. Always check with an adult you trust.



# A

## Accepting Files

Accepting emails, files, pictures or texts from people you don't know can cause problems.



# R

## Reliable?

Check information before you believe it. Is the person or website telling the truth?



# T

## Tell Someone

Tell an adult if someone or something makes you feel worried or uncomfortable.

Follow these SMART tips to keep yourself safe online!